2010 EDITION

Cyprus

Eating GUIDE

Over 400 Best Restaurants, Cafés & Bars in Cyprus



I invite you to an island where you can live a different life. A life of gastronomic delights enjoyed under clear blue Cypriot skies. Stroll through pine-scented hilltop villages and wander golden beaches all in the same day. Wherever you may be, the locals' warm welcome will quickly make you feel as relaxed as they are.

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The year-round island

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About this Guide

This guide aims to provide an informed indication of the restaurant scene in Cyprus with reviews of the best restaurants on the island. You will also find useful info and tips on how to get the best out of your dining out experience in Cyprus. Each review has been checked for accuracy, although details can change and you should ring ahead if you want to be sure.

No payment of any kind has secured or influenced any review in this Guide.

How to use this Guide

Restaurants by area

Restaurants are divided into sections denoting the type of food you can expect to find. Within each section, restaurants are listed in order of area, then alphabetically.

Prices

Prices listed in this guide are an average cost per main dish. Prices are listed in Euros.

Credit cards

The following abbreviations are used: AmEx: American Express; DC: Diners' Club; MC: Mastercard; V: Visa. Most restaurants, bars and cafés do not accept travellers' cheques.

Telephones

The dialling code for Cyprus is 00357. Then, depending on which town you're calling, you have to add 22 for Lefkosia, 25 for Lemesos, 24 for Larnaka, 26 for Pafos and 23 for the Ammochostos District.

Addresses

In Greek, all addresses are listed by putting the name of the street first and the number second. We have chosen to follow the same format in English in order to make it easier for you to locate each restaurant when you are asking for directions or taking a taxi somewhere.

Menu details and opening hours

Dishes and wines cited were available at the time of writing, but some restaurants may



change their menu at the start of each new season. The specific examples mentioned are intended to give an idea of the style and quality of food available. Times stated for restaurants apply to service hours when you can order food. Those given for bars and cafés are opening hours. Also please keep in mind that many restaurants in Pafos and Ammochostos district are only open during the summer season (April-October). Therefor we advise you to call beforehand to ensure that the restaurant is open.

Wheelchair access

Unfortunately, progress is slow in this area. It would be wise to ring ahead to check if the establishment can cater for you.

Children

You should have no problem eating out with kids in most places, though they will be expected to be well behaved in some of the more upscale establishments.

Service & tipping

Most waiters speak English so you should have no problem in communicating. It's customary to leave an additional tip of 10% of the total cost of the meal in a restaurant and the odd change in a café.

Dress

Though ties are not generally required for restaurants, you should leave the Bermuda shorts and tracksuits behind. Think 'smart casual' and you'll be fine.

Reservations

It's always a good idea to book ahead, especially at weekends.

Bar & café customs

In some places you pay after you've finished your drink, even at the bar, whereas in others you might be asked to settle up with the waiter as soon as he serves you.

Whose food? An introduction to *Eating Out* in Cyprus



Think that eating out in Cyprus will be a simple case of souvlaki and hummus? Think again! A burgeoning restaurant scene means that there are many culinary adventures to be had on the island. Read on and...dig in! By **Nikos Andreou**

I f you are wondering why thousands of tourists keep coming back to Cyprus year after year, I would argue that one of the main reasons is the excellent food. By saying that, I'm not just referring to the Greek and Cypriot meze dishes found in local tavernas. You will be amazed at the progress of the restaurant scene in Cyprus which covers cuisines from the length and breadth of the planet. So, grab a pair of chopsticks and enjoy excellent Japanese, Chinese and Thai cuisine, while if you are a lover of Mediterranean, or Mexican, Arabic or Indian cuisine, you will definitely be impressed by the many value for money options available.

Many pubs and cafes will thrill you with their original dishes, while the fish-taverns on the island, are open for lunch and dinner serving the freshest catch of the day. Choose between gourmet, glamorous hotel restaurants and simple kebab houses. A variety of dining experiences awaits. So welcome and "kali orexi", which means 'bon appétit' in Greek.

My big, fat, Greek (Cypriot) cuisine

I am not quite sure if the local goddess, Aphrodite, used to be a model, but I am convinced that her shapely figure owed more than a little debt to the Mediterranean diet. Cypriots, since antiquity, have produced all products and ingredients they have needed for their daily diet. They raised goats and sheep hence the popularity of Cypriot cheese products like "halloumi" and "anari". The Mediterranean climate on the island, in combination with the



soil variation between valleys and mountainous regions contributed significantly to the production of a huge variety of agricultural products. Tasty juicy watermelons, melons, dark red cherries and strawberries, but also mouthwatering pomegranates, grapes and bananas still grow in abundance. Immense olive groves, produce pure virgin olive oil which, in combination with freshly cut herbs, will fragrance foods, salads and all Cypriot traditional dishes. A cuisine that you will get to know very easily, just by visiting one of the hundreds taverns on the island - just ask for the "meze"! It's a 'tapas-like' procession of dishes beginning with freshly cut salad, mostly prepared with vegetables from the owner's own orchards - as is the case with tavernas like *Skourouvinos* in Lemesos or Yiannis in Kathikas Village. An enormous variety of dips such as tachini, taramas, tzatziki will wet your appetite and prepare you for grilled halloumi (cheese), sausage and lountza (smoked pork), tender lamb chops, kebab and seftalia accompanied with savory freshly fried potatoes. What will galvanize you,

Meals on waves

Are you looking for somewhere to enjoy original, creative cuisine and drinks by the sea? Luckily Cyprus boasts 782 Km of coastline where you'll find an abundance of al fresco and sea view dining.

When in Protaras stop by *Alati by the sea*, in the Pernera area, where Mediterranean dishes, cool mochitos and exceptional deserts are served in lounge bar ambience. *Ammos* at Larnaca, one of the first all day seaside barrestaurants on the island, is an all white haven serving fusion - Mediterranean cuisine. Just down the road, in Oroklini in the summer months, *Galu* offers excellent Mediterranean dishes in a relaxing romantic atmosphere. *Breeze* in Lemesos impresses with original, international cuisine and excellent wine choices. You'll find it on the top floor of one of the biggest open-air summer clubs on the island.

Alati by the sea Pernera 37, Protaras (23833740) Open Daily 10am-1am Credit AmEx, DC, MC,V Ammos Mackenzie Beach, Larnaka (24828844) Open Daily 11am-2am Credit MC, V Breeze Georgiou A' 90, Potamos Germasogias (25322755) Open Daily 10am-1am Credit AmEx, DC, MC, V Galu Mesopotamias 34, Oroklini (24824100) Open Daily 10am-2am, Credit AmEx, DC, MC,V

is the kleftiko, lamb sealed in an earthenware container and slow cooked in a wood fire oven till it's practically falling off the bone. The kleftiko at Mousikos taverna in Sotira Village is a sheer delight.

Wash everything down with a glass of local red or white wine: Cypriot wines have been winning international awards of late.

Come dessert time the stars of the show are the hot crunchy galatompoureko and the mahalepie with rose ice-cream. Other famous traditional desserts include a kind of deep fried

Whose food?





It would be pity if, during your stay in Cyprus, you didn't plan a short escape to one of the great little boutique hotels that have sprung up inland in the mountainous regions of Cyprus. A current trend in eating out at the moment are the various gourmet restaurants that have made their appearance in many of these lodgings. Like for example the Amarula restaurant at the *Ayii Anargyri Natural Healing Spa Resort* in Miliou village which serves refined international cuisine or the *Mitos* restaurant at the *Library Hotel Wellness Retreat* in Kalavasos where you can enjoy value for money prix-fixe French cuisine. If however, you want to taste gourmet Cypriot cuisine, you should travel to the *Apokryfo Bou*-

tique Hotel in Lofou village where dining at the *Agrino* restaurant serves up a multitude of dishes infused with Cypriot flavours and aromas.

Mavromatis

Agrino Apokryfo Boutique Hotel, Lofou (25813777) Open Tue-Sun 12pm-3pm &7pm-11pm Credit AmEx, DC, MC,V. Amarula Ayii Anargyri Natural Healing Spa Resort, Miliou (26814000) Open Daily 12.30am-5pm & 7.30pm-11pm Credit AmEx, DC, MC,V Mitos The Library Hotel Wellness Retreat, Anexarthsias 3, Kalavasos (24817071) Open Daily 19.30-12am Credit AmEx, DC, MC,V dumpling like doughnuts called loukoumades as well as the Greek syrupy staples kataifi and baklava. If you're watching the pounds, sweeten up your palate with a sip or two of the world famous local dessert wine koumandaria.

Cyprus for connoisseurs

Cypriots may be proud of their local cuisine, but during the last decade, an enormous upturn in the quality of international cuisine restaurants has been noticed. Indeed, some of these restaurants are well worth travelling over an hour to get to. Lemesos is undeniably the island's gastronomic capital, while you'll also find quality restaurants offering excellent food and services in Lefkosia, Pafos, Larnaca and the Ammochostos district.

The international trend for Asian cuisine and specifically Japanese, has also been a big hit in Cyprus. Nippon Japanese restaurant in Larnaca, a winner for best Japanese cuisine at the 2009 Time Out Eating Awards is rightly very popular with locals. You can also discover excellent sushi and teppanyaki dishes at the Lefkosia and Lemesos Zen Room, at Roku in Lemesos and at Asiachi at the Amathus Hotel in Lemesos. Asian food lovers should also visit Seasons Oriental at the Four Seasons Hotel - it's undeniably the best Chinese restaurant of the island. Don't leave until you've tasted the divine spring rolls and the Beijing duck. In Lefkosia head for China Spice and Pagoda Mont Parnas – the latter boasts a breathtak ing view of the capital's skyline.

Arguably one of the best restaurants on the island is *Beige* in Lemesos. It's the only restaurant in Cyprus to be awarded the International Cuisine award four years in a row at the Time Out Eating Awards. For a melange of French and Greek cuisine you can't beat Mavromatis at the Four Seasons Hotel. At the same address, vou can also find unforgettable Italian cuisine at the Vivaldi. Other standout eateries include Bacco at the Elysium hotel in Pafos and at the Mediterranean in Lemesos which both serve gourmet Italian creations and of course the 1900 Oinou Melathron bistro in Lefcosia which boasts the biggest wine list on the island (over 600 bottles) and serves an especially memorable brand of creative cuisine.

The Italian restaurant *Risto La Piazza* in Paphos and the international *Neon Phaliron* in Lemesos, are also excellent restaurants awarded and nominated at the Time Out Eating Awards in the past few years, for their excellent wine lists, and the services of their sommeliers. Fans of molecular cuisine will be pleasantly surprised by the masterly executed dishes at *Dionysos* at the Columbia Resort in



Pissouri. Not very far away, those who fancy fusion cuisine, will be thrilled by the savory dishes at the *Leander* restaurant at the Aphrodite Hills resort. Do not leave the island without enjoying the singular dining experiences at *Vasiliskos* in Sotira Village (Mediterranean dishes imbued with a Cypriot temperament) or at *Ta Piatakia* in Lemesos where playfull originality and small tapas-like dishes of fusion cuisine are the order of the day.

Tips

Cypriots tend to go out for dinner after 20.30, so don't worry if certain restaurants appear empty earlier in the evening.

► Many restaurants, especially during summer, are fully booked so it makes sense to call up and reserve a table beforehand.

► The best way to taste a variety of local delicacies is to order a Cypriot meze, which is easy to find in all tavernas on the island. Price is pre-fixed. The only extra charge will be for drinks.

► Many tavernas, especially on weekends, feature live music, with Cypriot traditional music. Don't be afraid to try traditional Cypriot dancing.

► You should not expect the service of a taverna to be similar to a gourmet restaurant. So, relax and enjoy an informal night out!

► Many fine dining restaurants, especially hotel restaurants have excellent wine lists. Ask the maitre d' or the sommelier (if there is one) to suggest the ideal wine that matches your order.

► In Cyprus there are many kebeb houses where you can sit down to enjoy a pitta filled with pork kebab or seftalia. Something you just have to try before leaving.

► It might not be obligatory but Cypriots usually tip 10% of their bill total.

ADVERTISEMENT FEATURE

CYPRUS Food, fusion



In Cyprus, fine food and hospitality go hand in hand. The friendly people of this sun-kissed island embrace their visitors and delight in offering them the very best of whatever they have.

This is particularly true when it comes to food and drink.

History has played an important role in the development of Cyprus Cuisine. Over the centuries this small but strategically placed eastern Mediterranean island has been dominated by many powerful nations. The Phoenicians, Egyptians, Persians, Romans, Byzantines, Lusignans, Venetians, Ottomans and the British have all ruled over Cyprus and contributed in their various ways to its colourful traditions.

Each of these nations brought with them their own culinary preferences, merging these with the abundance of fresh produce that already existed on the island, to ultimately create what must be amongst the world's greatest 'fusion' cuisine.

Here you can find the exotic tastes of the Middle East – pomegranate, sesame, mint, cumin, juicy sultanas, okra, aubergines, pine nuts and dried apricots, side by side with Italian pastas, sun dried tomatoes, pesto, smoke-cured hams, olives and artichokes. From Europe, there are rich casseroles of pork or beef, cooked in wine and flavoured with coriander and onions, Cyprus' own special versions of Jugged Hare, roast pheasant and fat quails cooked with locally-made brandy and sun-ripened oranges.

In this multi-cultural region it's hard to define the origins of many of today's specialities. For example, the delicious stuffed vine leaves and other stuffed vegetables so popular with modern-day visitors to Cyprus, are generally considered to be traditional dishes. However, it is far more likely that these were introduced into Cyprus by the Ottoman Turks way back in the late 1500s when they conquered Cyprus from the Venetians. But then, whether or not these dishes were original Ottoman recipes also comes into the debate. That's where 'fusion' becomes 'confusion', as it's quite possible they were adopted by the Ottomans



and finesse

from one of the many other countries that made up their far-flung Empire at that time. Whatever their origins they, like many other dishes, have been adapted and improved over the centuries and are now firmly established items on the Cypriot menu.

Until recent years, Cyprus was a mainly rural community, where families grew much of their own food, which probably accounts for the fact that today the people are very discerning when it comes to what they eat. For them, nothing but the freshest produce is good enough. It also explains why organically produced goods are given priority.

It's no secret that the Mediterranean diet is a healthy one. Fresh olive oil takes precedence over imported vegetable oils and everything has that homegrown taste – the salads, vegetables and fruit stimulating the taste buds and reminding us of how things used to be.

Dining out in Cyprus is a culinary experience not to be taken lightly.

Gastronomy at its best can be enjoyed at the island's top restaurants and hotels, where modern, highly trained, chefs take the very best of

the island's cuisine and craft it into exquisite dishes that subtly reflect the traditional tastes of Cyprus.



Cyprus is one of the oldest wine producers in the world with a cultivation of grapevines dating back to 3000 B.C. Its best known wine is Commandaria, a direct descendant of the

descendant of the island's original wine, 'Mana'. Commandaria is a sweet wine, which takes its name from the Grande Commanderie of the Knights of the Order of St. John, which, in 1210, was based at Kolossi, near Lemesos. The wine was described by the great philosopher, Plato, as 'the most valuable drink ever given by the gods to man'. It was applauded by the nobles and kings of the Middle Ages and was dubbed by King Philippe Augustus of France as 'The Apostle of Wines'.

Unchanged and unchallenged, rich in aroma and subtle in taste, Commandaria still holds pride of place amongst the more modern dessert wines of the world.

There are many other world-class Cyprus wines. The island produces over 400, many of which are ecological, and many of which originate from small independent wineries. Visitors are always welcome at these small wineries, many of which are family run, and will often receive a guided tour and a chance to discuss the merits of its produce over a glass or two.

Depending on your tastes, there are excellent Chardonnays and Muscats, outstanding Cabernet Sauvignon and a refreshing number of surprisingly good Shiraz, Merlot and Maratheftiko wines, just waiting to be discovered.







A drive through the Six Wine Routes that pass through the island's major wine producing regions offers a multitude of pleasures including wine tasting, lunch at quaint tavernas and accommodation in idyllic rural hideways. By **Eliza Pavlou**

Wine Route 1 Pitsilia Village

From Lemesos head north towards Troodos along road B8. Very soon you'll see the Kourris dam on your left and on the right Alassa village. On this particular route there are 32 villages and the region extends around the mountain tops of Madari, Papoutsa and the north-western part of Machairas. Here, the altitude ensures a slower and effortless maturation of grapes, while the dryness and the gradient of the soil make the vines grow in close proximity to each other, which in turn results in richer tasting wines. Classic local varieties of grapes still dominate in the vineyards of Pitsilia, while you can also come across Maratheftiko, a rare variety that people used to grow among the Mavro grape in order to enrich the colour and aroma of the resulting wines. This route covers 106 km and leads to Palodia village.

WINERIES

Kyperounta Winery

Built on the site of a rock, this impressive winery is a result of cooperation between the Fotiades and Mpoutaris families, the well-known Greek wine producers. The vineyards are four hectares wide and were recently planted with Chardonnay, Cabernet Sauvignon and Syrah grapes. (2471111/ www.ppgroup.com.cy) Griva Digeni, Kyperounta, Lemesos. For visits contact



Wine tasting Try the *Andesitis 2003* made by Cypriot varieties Cabernet Sauvignon, Grenache Rouge and Mataro. It has an intense red colour and a pleasant aroma. Also, taste the *Petritis*, a dry white made from 100% Xynisteri with an intense aroma of flowers and fruits.

Where to eat «Adventure Mountain Park» (99674126/ www.adventuremountainpark. com) serves good Cypriot and Greek cuisine. Where to stay Livadia Inn (25532014). €18 per person B/B.

Tsiakkas Winery

Tsiakkas Winery is considered one of the best Cypriot wineries and has been running since 1988. Built in a typical Cypriot architectural style and sheltered by the surrounding mountains, the winery maintains a well organized cellar where its wines age in excellent conditions. Mr. Costas and his wife have improved their wine making methods greatly in the last few years. (25991080 & 99567898) Pelendri Village.

Wine tasting A rose by Grenache variety or a Cabernet Sauvignon made with organic grapes.

Where to eat Fifteen minutes down the road, in Platres village, look for a really good taverna called *Anoi* (25422900).

Where to stay Forest Park Hotel (25421751/ www.forestparkhotel.com. cy), Pano Platres, €75 per person B/B.



Wine Route 2 Commandaria Villages

The route through these fourteen villages dates back to 1192AD when the knights of St John were deeply involved in the production of arguably the first wine in the world to be identified purely by its name, Commandaria. The sun, acting as a valuable ally, helped to dry the harvested grapes, condensing their natural sweetness and enriching their flavour. The cooperative wineries of the region are well worth a visit - you'll find them in and around the villages of Kalo Chorio, Agios Konstantinos, Zoopigi, Gerasa and Agios Mamas. Once in the area, don't forget to visit the restored wine press in the village of Laneia, which has been kept alive through the centuries, a reminder of the island's long winemaking tradition. This route covers a distance of 109 km.

Wineries

Karseras Winery

Small and traditional. It is situated in the beautiful village of Doros, 25 km from Lemesos. You can have a wine tasting for free (25730833 & 99589325) Doros village. Daily from 10.30 until 17.30. Visit after booking an appointment.

Wine tasting Its "star" wine is, of course, the Commandaria.

Where to eat In the nearby village of Lofou, the *Lofou Tavern (25470202)* serves authentic Cypriot cuisine. Reservations recommended. Where to stay In Lofou you can stay at the *Agrovino* boutique hotel (25470202/ www. *lofou-agrovino.com*). The hotel has luxurious rooms with a traditional decor. Prices range from €97 per night for two persons, including breakfast.

Wine Routes



Loel Winery

This Commandaria winery in Lania in the district of Lemesos, produces eighty thousand litres of superior quality Commandaria each year. It is equipped with high technology machinery for the production of Commandaria (VQPRD).

(25202020/ www.loel.com.cy) Lania, Lemesos District.

Wine tasting Commandaria *Alasia* (50% Mavro and 50% Xynisteri).

Where to eat At the *Lania* (25432398) taverna you can enjoy a good traditional meze. Where to stay On the northern side of the village, in the Saittas area, there is an agrotourism complex called *Okella* (25432521), a fully renovated two-floor stone-built house that used to serve as an inn for travelers.

Wine Route 3 Wine Villages of Lemesos District

Nowhere else in Cyprus is there such an abundance of wineries as in the wine growing villages of Lemesos district, known locally as Krasochoria (meaning the Wine Villages). In Omodos and Koilani alone, there are no less than ten and they produce a remarkable variety of wines, vinified from both

indigenous grapes and international varieties like Cabernet Sauvignon, Mataro, Grenache and Syrah. Visit wonderfully unspoilt villages such as Omodos, Vasa, Koilani, Lofou and Vouni, take in their traditional architecture, as you meander through cobblestoned narrow streets and passage-ways and sit down for a meal at a typically rustic taverna. The route covers an area of 110 km, starting from Kolossi and ending at Avdimou.

Wineries

Domaine Nicolaides

Nicos Nicolaides represents the third generation of winemakers in his family. Equipped with the valuable knowledge he acquired at the School of Viticulture and Oenology in Montpellier, Nicos is bent on upgrading the quality of the wine produced here. The current capacity of the winery stands at 130.000 bottles (750ml) but improvements are under way in order to upgrade and expand storage facilities. Domain Nicolaides is situated at Anoyira, a picturesque village close to Lemesos at an altitude of 450m, in an area of four hectares. (25221709, 99649655) Anogira. Appointment recommended.

Wine tasting Try the Roze *Afrodino* made from grenache and the red dry Conte *Nicolas* made from Cabernet Sauvignon (60%) and Cabernet Franc (40%).

Where to eat In Anogira there are two restaurants, one is called *Anogira (25222444)* and the second is owned by Mr. Yiannis (25221584). Since they are not always open, we recommend that you call in advance. The small eaterie at the *Oleastro olive park* (99565768) is another good option.

Where to stay Nicolas and Maria's Cottages (25331963, 99525462), a renovated 300 years old building offers accommodation in the village centre. It consists of six studio apart-ments, one small and one large traditional room. All the rooms have a view to the tranquil courtyard. Prices from €43 per night.

Malia Estate (KEO)

Modern, recently renovated and well-equipped winery, owned and managed by the KEO Group. The winery is at the entrance to the

Alicholas

village, overlooking the picturesque southern slopes of the Troodos Mountains. Here you can also find the award winning St. John Commandaria.

(25942131/ www.keogroup.com) Malia. Monday to Friday 08.00-14.00 (Saturday and Sunday closed). Contact Mr. Timos Bogias for an appointment.

Wine tasting Try distinguished dry white wines such as *Riesling* made from the German variety of the same name or the dry white *Chardonnay* made from Chardonnay amd Xynisteri.

Where to eat At Agora Tavern (99325396) in the nearby village of Arsos you can enjoy Cypriot meze in a beautiful traditional building. Open everyday except Mondays. Where to stay Moustos is the choice here (99604955), in Arsos. Cosy accommodation with a wood and stone decor. Two bedroom apartments each with two bedrooms are available for €35 per person per night.

Olympus Winery

The first big wine producer in Lemesos to move where the grapes actually grow. The planting of new vineyards with new varieties of grapes is part of the long term plan by ETKO to carefully create new and acceptable grape variations. This winery although set in the traditional old fashioned environs of Omodos village, boasts a state of the art factory floor for the production of quality wines using grapes harvested from the nearby vineyards. In addition there you'll find an isothermic cellar, which has a maturing capacity for one million bottles of red wines.

(25422380/ www.etkowines.com/olympus) Omodos. Appointment recommended. Wine tasting The distinguished and awarded Commandaria of Saint Nicolas, also the white dry Nefeli made by Xynisteri which boasts an intense flavour of fruits. Where to eat Ampelothea tavern

(25421366) is popular for Cypriot meze. You can enjoy al fresco dining on the large terrace which looks out onto the village. **Where to stay** *Iakovos House* (25731076) is a two bedroom fully furnished traditional house.

Wine route 4 Diarizos Valley Route

The Diarizos valley is the least known wine producing region in Cyprus. Its relatively low altitude, compared to that of the other wine growing areas as well as the dominance of the local Mavro grape variety, have kept it out of the wine scene for years. However, with the creation of many small wine making units and the introduction of modern vine cultivation, it has recently begun to transform itself into a competitive wine producing area of great promise. Along this 89 km route, you can find 18 grape varieties, including the main Mavro variety.

Wineries

Lakria Winery

Lakria winery is situated at Salamiou village and is the biggest of a cluster of small and fairly remote villages in the Valley of Dhiarizos River. Taking advantage of the climate and adhering to family long traditions in wine making, the owners have invested heavily in a new four storey building with state of the art technology that can produce wines with quality and taste. Lakria produces 4 wine labels three of which are based on the local mavro and xynisteri varieties and one on the Cabernet Sauvignon which is also grown locally.

Wine tasting *Cabernet Sauvignon*, Medium roze, dry red and white.

(99346990) Salamiou. Pafos. Contact Mr. Costakis Avgousti for an appointment. -Close to the village of Pretori, just off the Pafos-Troodos road, Nelion winery begun producing its first bottles in 1996 and moved to a new building in 1998. From the very first year the quality of the wine ensured great success with the public, a fact which further encouraged the family to become fully involved in the business of wine- making, by building a well equipped, custom-made winery, incorporating modern machinery within the traditional features of the winery building. The annual production capacity is 30.000 bottles. Wine tasting Make sure you try the awarded Cabernet Sauvignon and *Shiraz* which matures in French oak barrels

(25442445) Pretori. Daily 09.30-18.00. Contact Mrs Elenitsa Ioannou for arranging an appointment. Where to eat Head for the Aphrodite Hills hotel complex and enjoy a meze at Pithari restaurant (26828075). Where to stay The closest hotel is Vasilias Nikoklis Inn (26432211) in Nikokleia village. An old renovated house with its own restaurant, bar, interior yard and rooms for accommodations. Prices from €58 per night including breakfast.



Also in the western part of Cyprus, in Pafos district, at an altitude of over 800 meters, you'll find the Vouni Panagias-Ambelitis route. This is arguably one of the most scenic routes and there are plenty of wineries to visit. The Xynisteri variety is grown here, offering wines with orchard fruit aromas, notes of green apples, peaches and apricots and a fresh, clean taste. The powerful and interest ing Maratheftiko reds are here, too, which have an aroma of red fruits, violets and roses. There are good rosés to sample too in villages like Vouni Panagias, Chrysorrogiatissa and Statos-Agios Fotios. In these villages you will also be able to discover some of the best wines from the local variety Mavro, which benefits from the

relatively high altitude and mild climate to offer pleasant dark and roze wines.

Wineries

Aloc Onterioo

RED DRY GANG

PERSON AND SOTTLED BY KAR. MULTURE AUMONY COUNTSIC

Kolios Vineyards

Head towards Statos and Ayios Fotios and when you reach the village follow the signs to the winery.

Kolios winery is indeed impressive, its setting alone makes it worth the trip up to Statos Agios Fotios, this is the nearby village, and is set 3.000 feet above sea level, being credited as the highest village in the Pafos area. The surrounding Kolios vineyards, take up more than 100 hectares of prime, plump, producing vines, and since 1999 when the winery produced its first 70.000 bottles; sales have continued to rise steadily, with an annual production now in excess of 250.000 bottles.

(99479330/ www.koliosvineyards.com) Statos – Ayios Fotios, Pafos. Open daily 08.30- 16.30. For an appointment contact Mrs. Eftimia Michael.

Wine tasting Try multi award winning white dry *Persefoni* made from local Xynisteri and the excellent *Shiraz* which matures in oak barrels and is made in limited quantity (no more than 3.000 bottles per year). Where to eat In Panagia village the *Green Leaf* restaurant (26722438) serves Cypriot traditional dishes with organic vegetables. Where to stay The *Palati tou Xilari* in Panagia (99614673) is a 250 year old building designed to resemble a Mycenaean palace model. It has two apartments and two studios. Price from €50 per night.

Tsangarides Winery

Tsangarides winery was established by the Tsangarides family who for more than a century have been cultivating their vines and making their wine in the picturesque village of Lemona in Pafos. The stone built building which houses the winerv is a testament to the owners' insistence on tradition. Considering the winery has only been operational on a commercial basis since 2005, Tsangarides Mattaro 2005 and Cabernet Sauvignon 2005 both won the prestigious gold awards at 2nd Cyprus National Wine Competition in the spring of 2007. Mr. Aggelos and Mrs. Loukia will be happy to show you around. (26722777/ www.tsangarideswinery.com) Lemona. Open Monday to Friday 08.00-15.00 & Saturday 08.00-13.00. For an appointment contact Mr. Angelos Tsan-

garides.

Wine tasting Try the multi-awarded *Cabernet Sauvignon*, which is oak matured in French barrels for six months.

Where to eat Just a few kilometers away, in nearby Tsada, visit the *Golf resort* (26643000) for a leisurely lunch.

Where to stay Agrotiko (26271864) in Kallepeia village is only 2 km away from Tsada and offers a panoramic view to the vineyards. Agrotiko has three apartments with two rooms and two apartments with one room. Prices from \in 55 per night.

Wine Route 6 Laona-Akamas Route

In the west of Cyprus, home to villages such as Drousia, Ineia, Kathikas, Pano and Kato Arodes. Here you can familiarize yourself with the local Xynisteri white wines. Xynisteri grows in mild climates, by the sea breeze and produces strong wines with a fine aroma – probably one of the best Cypriot white wines. Here, too, you can find red wines made from Martheftiko, one of the best varieties of red wines on the island. The route covers a distance of 107 km.

KTHMA KF

Wineries

K & K Vasilikon Winery

Vasilikon is a family-owned winery established in 1993 and located along the Pafos-Polis road in Kathikas Village, at an altitude of 650m.Their Vasilikon Dry White Wine is made from the indigenous variety Xynisteri which is also cultivated in the family vineyards. (26633237/ www.vasilikon.com) Kathikas. Open Monday to Friday 09.00-13.00. Wine tasting The very good red dry Ayios Onoufrios and the Cabernet Sauvignon Methi. Where to eat A visit to Imogen's Inn (26633269) is a must. Excellent homemade food that combines many Cypriot dishes with Egyptian and Greek influences. Where to stay The Spiti tis Loxandras (25336673 & 99608333) offers two studio and two one-bedroom apartments. This is a house which was built in the beginning of the last century but nevertheless offers all modern facilities and amenities. Wonderful view. Prices from €50 per night.

SODAP Kamanterena Winery

Kamantarena Winery in Stroumbi village is currently the main Winery that produces all the wines that carry the SODAP label. Island Vines and Mountain Vines are best-sellers, while other interesting wine brands are made from various varieties and admixtures. Sodap is considered to be the biggest wine producer in Cyprus.

(26633000/ www.sodap.com.cy) Stroumbi. Monday to Thursday 08.00-14.00 & Friday 08.00-13.00. If you plan a visit, contact Mrs Irini Gregoriou.

Wine tasting Try the dry red *Kamanatarena* made from Carignan, Cabernet Sauvignon and Ophtalmo. Also the dry white

In good spirits

 Nalia Estate

made from Xynisteri and the medium white made from Riesling.

Where to eat Stop for lunch at *Farmyard* (26632745) in the neighboring village of Kathikas) which serves a good variety of Cypriot and international dishes.

Where to stay Go for Anogia tou Michali (26944229), it's a wonderful 70 year old house in Kathikas, right in the center of the village. On the upper floor you will be able to enjoy the view of the Pafos and Troodos forests. Prices from \notin 52 per night.

If you're not really a wine person and spirits are more your favourite kind of tipple then there are two locally produced alcoholic drinks that you definitely have to try during your stay. Zivania is a Cypriot traditional spirit dating back to 14th century. It was first produced in Cyprus when the island was controlled by the Venetians and is produced by the distillation of remains of stepped grapes in distillers or in cauldrons. It contains 45% vol of alcohol, no sugar or acidity and is served frozen, with almonds, walnut timbers, Turkish delight or Cypriot appetizers like village sausage (traditional Cypriot sausage) or lountza (traditional Cypriot smoked pork meat). Since 2004, zivania has been trademark protected by the EU.

Commandaria is a sweet, dessert wine which tastes quite similar to sherry. Its' colour is a

characteristic deep reddish colour and it is ideally served cool, at a temperature of around

10 degrees Celsius. Commandaria is considered one of the oldest wines in the world and was first produced by Templar Knights based on the island. It can be combined perfectly with cake

and fruit-based desserts and also goes well with intense, greasy cheeses like Roquefort or Stilton. For info on where to buy see p14.

mandaria

Cypriot's are proud for their amazing range of local products: from delicious cold meats and various kinds of bread to goat's cheese and various sweets. All of these products are still made locally and can be purchased not only in the main towns but most importantly in many mountainous villages. By **Eliza Pavlou**



Anari is a cylindrical shaped (ricotta type) dry white cheese made mostly from the whey that drains off during the process of making halloumi cheese. It's rich in protein and is often used fresh as a dessert along with Carob Syrup or honey. Fresh anari is also used as a stuffing in a number of Cypriot sweet pastries such as the traditional pourekia (anari pies). It can also be matured by drying in the sun. Mature anari is a hard cheese that may be stored for a long time and is often used as grated cheese.

Bread has been closely linked with the life and often the religion of people on the island. The most common are the traditional round **"black"** (made from wheat) and **"white"** (made from barley) breads. Both are delicious when fresh with some Cypriot olive oil or butter spread. A great variety is on offer in small and large bakeries all over the island.

Glistarkes are just one kind of the many Cypriot aromatic bread rolls and crispy breads made on the island. They're a kind of crusty, sesame rusks. The bread sticks are dipped into sesame seeds and then they are shaped beginning with a cross and then other bread sticks are added round the cross before the whole is baked. There are both sweet and savoury glistarkes, in various sizes. You can usually locate them on supermarket and bakery stands.

Glyka tou koutaliou ('spoon sweets') are usually offered as a dessert in servings as big as a well-filled spoon. Apricots, bergamot, citrons, watermelon, figs and many more can be used for this. Others are made from fruit that is not yet fully ripe, from vegetables such as eggplants and courgettes or from rose flower petals. Spoon sweets are made with simple, natural ingredients, mainly fruit and sugar with a touch of lemon juice. A perfect accompaniment to Cypriot coffee. In Lefkosia, *Anemoessa* offers a good selection of these sweets.

Halloumi is an unripe, semi hard white cheese with a texture similar to mozzarella. Halloumi may be eaten raw but it tastes best when cooked on the charcoal. In fact, it claims to be the only commercially known cheese that can be cooked and retain its shape. It may be consumed fresh in salads or sandwiches, grated over pasta, as a stuffing in ravioli and pastries or enjoyed as an ideal accompaniment to watermelon during summertime. Products from almost all factories can be easily found in small and big supermarkets.

Delight Cubed

The history of the Aphrodite Delights company started in 1895, when Sophocles Athanasiou repatriated to Cyprus after several years away in Switzerland. Combining the experience of living abroad and the art of manufacturing delights (or loukoumia, in Greek) and other sweets, which he learned while traveling in the



Greek islands and along the coast of Asia Minor, he decided to start producing his own delights and sweets upon returning to Cyprus. Thus he opened a small workshop behind his father's house near the square of Yeroskipou. Over the years, the delights became synonymous with Yeroskipou village. Travellers passing through on their way to Pafos would stop at the village in order to purchase some products. In 2007 the company moved to new, modern facilities and in 2008 the E.U. recognized Aphrodite Delights with a trademark protection. The company has since passed on to Sophocleou's daughter Hariklia, son Gabriel and now his grandson Gabriel Nicodemus. Aphrodite Delights, winner of the best Cypriot traditional product award at the 2009 Time Out Eating Awards, are exported to Great Britain, Australia and France.

Aphrodite Delights Yeroskipos Ltd (26962212/ www.loukoumia.com) Paphos.



Hiromeri is made from smoked pork thighs which have been cleared from fat. It matures in salted wine for 20 days and is then pressed for two days and smoked for three months. It is a truly traditional Cyprus appetizer with a spicy taste and a perfect snack with many drinks (wine, beer, zivania).

Koulouri the famed Cypriot bread rusks come in different shapes and sizes but always with the same delightful smell and lightly sour taste. Ideal for dunking in your morning or afternoon coffee.

Loukanika are made from selected fresh pork meat, wine, salt and spices. The meat is minced, marinated with coriander seeds, black pepper and salt and then left to mature in dry red wine for 7-15 days. Refrigerated or not, Cyprus loukanika may be kept for long periods and may be consumed fried, baked, grilled, charcoaled or raw.

Lountza is made from fresh pork fillet, matured in a mixture of village wine and coriander seeds. Traditional smoked Lountza is usually served uncooked, sliced or cubed along with a selection of other meat and cheese delicacies. Because of the way it is made, it can be stored at cool temperatures for a long time and is low in fat content.



Pafitiko is a mature cheese very similar in color and taste to the greek Kefalotiri but its production is limited to the Pafos area where it is usually manufactured by farming families or local cheese makers. Made from sheep and goat milk, this cheese has a pale straw yellow color and a cylindrical shape. One of its defining features is its exterior marks, from the straw baskets used to mould the cheese. Pafitiko is produced during the months of February to April and is often used as the basic ingredient of "flaounes", a traditional Easter pastry.

Palouzes is a thick-jelly like sweet which is made by adding flour, rosewater, cinnamon and mastic to grape juice. As soon as the mix is adequately cooked, it is poured onto a tray to cool off. Some people enjoy consuming palouzes hot but commonly it is served cold topped with almonds or walnuts, whole or crushed. You will find unlimited amounts of palouze at the Palouze Festival that takes place in Arsos village every October.

Pastellaki is a natural and healthy sweet made with carob syrup or honey and sesame seeds using a fairly complicated traditional method. To prepare it, raw nuts, sesame, honey and sugar are mixed in large pans to prepare a crispy, tasteful and healthy snack. Pastellaki



Stock up

If you've worked up an appetite reading all about traditional Cypriot food products then these are the shops where you can stock up:

Anemoessa

Offers a variety of genuine traditional products like Carob Syrup, homemade sweet preserves, marmalades, honey, olives, herbs and wine. You can also buy stuff online products online so be sure to check out their website.

(22877220/www.anemoessa.com.cy) 23 Pindarou Street and K. Skokou, Shop 2A, Lefkosia.

Stavrakis Athiainitis

One of a kind shop, selling all kinds of nuts (fresh and roasted), chocolates and dried fruits like dried figs. Also stocks Cypriot delicacies like Cyprus sweet soutzioukos (made by grape must and almonds or walnuts), pastelaki, homemade sweet preserves, tremithos pies. A large variety of products. (22345099) 5D Evgenias and Antonias Theodotou, (Near St Antonios market) Lefkosia.

Top Nuts





stripped palouzes made by grape must). (24667474) 2 Zakinthou street, Ivory complex, shop 1-2, Larnacca.

Nut Cracker House

A treasure chest for nuts, dried fruits, sweet preserves, homemade candies, Cypriot liq-uors and spices.

(25373732) 99 St Andrew str, Lemesos. Vasilissis 3

This is the place to go to in Lemesos for nuts, dried fruits, carob syrup, pastelaki, sioutzoukos, different types of zivania and olive oil. (25104010/ 99202049) Vasilissis 3, Medieval Castle, next to Draught Microbrewery, Lemesos.



is available in many flavours: peanut, sesame, pistachio, almond, hazelnut and cocktail. You can easily find it at supermarkets.

Pastourmas is an armenian type, spicy sausage, made from beef minced meat, salt and spices. It may be grilled, fried or charcoaled. It is spiced with pepper, cumin, paprika, garlic and other spices, with a dominant garlic aroma. *Dymes* makes pastourma that goes easy on the stomach, while *Xipsiti Ltd* in Palaihori offers stronger and pleasant flavours.

Pita bread is made of natural ingredients and baked in a traditional oven. It is oval in shape and has a fabulous taste. Cypriot pitas are usually opened and filled with souvlakia and sheftalia and a dry salad. Also a typical Cyprus pita toasted sandwich includes cooked lountza, fried or grilled Halloumi and slices of tomato and cucumber. Pafos is especially famed for its pitas, which are usually larger and thicker.

Posirti is a kind of bacon made of pork meat. It matures in salted wine for 10 days and is then smoked over burning wood for another 20 days at a rate of 2-3 times daily. When served it is normally cut into cubes and served fried, grilled or cold sprinkled over with Cyprus dry oregano. Pitsilia Posyrti is available at *Kafkalias Ltd* in Agros. **Soutzioukos** is made of grape juice, almonds or walnuts, shelled and soaked to turn soft, and then sewn onto a cotton thread. The thread is dipped several times in finished palouze, a process that may take several days until ready. It can be stored in mild temperatures only for a few days, in vacuum packs for up to four months or in the freezer (in plastic bags) for much longer.

Tsamarella is made by de-boned goat's meat which is cut initially in large pieces, salted and then left to dry in the sun. It is then washed and sprinkled with dry oregano whose antibacterial action acts also as a natural preserving agent. Boasting a presidium distinction at the Slow Food International food exhibition, it's a wonderful starter and a great accompaniment to traditional spirits, such as Zivania.



Where to buy

Anari

A. Polycarpou & Sons (25221798/ 99879034) Prasteio village (Avdimou), Lemesos.

Eleni Mimi (24322014) Skarinou village, Larnaka.

K&M Mouskou Ltd (99761645) Cristou Tsiarta 7, Avgorou village, Ammochostos.

N. Th Kouroushis LTD (24322336/ www.kouroushis.com.cy) Kofinou village, Larnaka.

Sotiris & Dafni Farm Ltd (22622111) Lykavitou 32, Anayia village, Lefkosia.

Cowboy Farm LTD (Challoumas) (24533085/ www.challoumi.com) 10 Kariou Street, Aradippou village, Larnaka.

Bread/ Pita/ Glistarkes/ Koulouri

Yiannis Georgiou Traditional Bakery (22427313) Arch. Kyprianou 61, Strovolos, Lefkosia. Artopolis (22365220) Evagora Pallikaridi 95, Latsia, Lefkosia. Confytasty (23731333/ www.confytasty.com) Sotiras 69, Paralimni. Galatas Bakeries (Iakovos Kyrillou & Sons Ltd) (22922337/ www. galatasbakeries.com) Galatas Avenue 78, Galata.

Peristerona Bakeries (Omiros Aristides Ltd) (22821327)

Glyka tou koutaliou

Anemoessa Fine Food Products (22877220/www.anemoessa.com.cy) Pindarou 23, Shop 2A, Lefkosia. Niki Agathokleous LTD (25521400) Anapafseos 5, Agros.

Halloumi

Agrino Dairy Industry LTD (26423008/99612985) Anarita village, Paphos.

G. & I. Keses Dairy Products LTD (25221649/ www.halloumicheese. com) Aigialousis 2, Avdimou village, Lemesos. Petrou Bros (Alambra) Dairies LTD (24661210/ www. petroubros.com) Griva

Digeni 90, Larnaka. Pittas Dairy Industries Ltd (22667700/ www.

pittas.com) Lefkosia.

Orthodoxou Chr. & Son (Kornos) LTD (22533723/ 99667653) 13 Gr. Afxentiou Kornos, Larnaka.

Katsoura Traditional Products (26722392/ 99792095) Galataria, Pafos. Mesarka Dairy LTD (24811300)

Athienou, Larnaka. **Zita Dairies Industry** (26953696, 26818001/ www.zitadairies.com) Industrial Area, Mesogis 16, Paphos.

Hiromeri

Andreas Kyriakou LTD (Allantika Dimes) (25521653) Dymes village, Lemesos.

Chomatas Allantopioia (Nostos) LTD (25771082) Kato Milos village, Lemesos.

Madari Meat Products Ltd (25813208/ www.madaricyprus. com) Viotechnikis Area 9, Kyperounda Lemesos.

Uncle George Foods LTD (22642545/22766010) Polykarpou Yiorkatzi 49, Palechori. Xipsiti Ltd (22642714) Nicou Georgiou 7, Palaihori.

Loukanika

A.Z.D.A. Foods Ltd (22431118) Ayiou Ilarionos 146, Kaimakli. Filis Sausages (25943608) M. Alexantrou 16, Vouni village, Lemesos.

Loukoumia

Aphrodite Delights Yeroskipos Ltd (26962212/ www.loukoumia.com) Paphos.

Ourania Pissourou (25423060/ 99379989) Antoniou 8 & Evgenias Theodotou, Phini, Lemesos.

Lountza

A.G.H. Kakopetria Meat Products (22922313) A. Nicolaou 22, Kakopetria. Grigoriou B.E. LTD (25393238/ www.grigoriou.com.cy) Lemesos. Snack (22420237/ www.snack.com.cy)

Pafitiko

Anemoessa

Agrino Dairy Industry LTD (26423008/ 99612985) Anarita village, Paphos. Zita Dairies Industry

(26953696, 26818001/ www. zitadairies.com) Industrial Area, Mesogis 16, Paphos.

Palouzes

Ermi Traditional Sweets (24352003) Ayioi Vavatsinias village, Larnaka. Koulla loannou Soujoukkos Marathasas Ltd (22952175) Kalopanayiotis village, Lefkosia.

Pastellaki

Amalia Coffee Ltd (24530587/ www.amalia.com.cy) Aradippou village, Larnaka

Aphrodite Delights Yeroskipos Ltd (26962212/ www.loukoumia.com) Paphos.

Zorpas & Sons LTD (24524400) Athienou Industrial Estate, Athienou village, Larnaka.

Pastourmas

Andreas Kyriakou LTD (Allantika Dimes) (25521653) Dymes village, Lemesos.

Chrysodalia Food Industry Ltd

(22852453/ 22852900/ www.chrysodalia.com.cy) Panayias Asinou Avenue 5, Potami village, Lefkosia. Kitromilides Ltd (22870757) Spyrou

Kyprianou 34, Ergates village, Lefkosia. Xipsiti Ltd (22642714) Nicou Geor-

giou 7, Palaihori village, Lefkosia.

Posirti

Chomatas Allantopioia (Nostos) LTD (25771082) Kato Milos village, Lemesos.

Kafkalia LTD (25521426) Kyriakou Apeitou 36, Agros village, Lemesos.

Madari Meat Products Ltd (25813208/ www.madaricyprus. com) Viotechnikis Area 9, Kyperounda village, Lemesos.

Uncle George Foods LTD (22642545/22766010) 49 Polykarpos Yiorkatzis Avenue, Palechori village, Lemesos.

Soutzioukos

Anemoessa Fine Food Products (22877220/ www.anemoessa.com. cy) Pindarou 23, Shop 2A, Lefkosia. Niki Agathokleous LTD (25521400) Anapafseos 5, Agros village, Lemesos.

Tsamarella

Anemoessa Fine Food Products (22877220/ www.anemoessa.com. cy) Pindarou 23, Shop 2A, Lefkosia. Kafkalia LTD (25521426) 36, Kyriakou Apeitou Street, Agros village,

Lemesos. Vasiliou Deli LTD (25550111) 34 Nikou Karasamani, Pelendri village, Lemesos.

Traditional Teals

Sample traditional Cypriot cuisine at one of the ten local restaurants participating in the Cyprus Tourism Organisation's Vakhis Project where authenticity is key. By **Eliza Pavlou**



The Cyprus Tourist Organization, in cooperation with the Higher Hotel Institute, has compiled a project called Vakhis, which aims at the adoption, and promotion of authentic Cypriot traditional cuisine by local taverns which operate either independently or within traditional hotel enterprises. The premises of these taverns must reflect the ambience of traditional Cypriot architecture, the hospitality should be of a high standard and the food prepared must be fresh and authentic using traditional cooking methods.

The project has been named after a famous Cypriot chef called Vakhis, who lived in the ancient city of Kition around 300AD. Participation by restaurants is purely voluntary and provides establishments that serve local cuisine and meet the strict standards of the programme the opportunity to obtain a CTO quality certificate for authentic cuisine. These restaurants are inspected to ensure they comply with the project's regulations and quality standards. Their food must be freshly cooked, using locally-grown fruit, meat and vegetables.

Participants

Ten tavernas have so far been awarded a Vakhis certificate and all are highly recommended. Certificates are awarded for a year, after which each taverna is rechecked to ensure standards have not slipped and prices have not rocketed. The Mesostrato Tavern in Kakopetria was one of the first to receive the Vakhis certificate. Mesostrato is part of the Linos Hotel in old Kakopetria village. A popular choice from the menu is its Meze which consists of a broad selection of delicious traditional dishes which are served in sequence. This will give you the opportunity to truly experience a wide variety of flavors enjoyed on the island. It serves two kinds of Cypriot meze, a moderate mini meze (17 dishes) or maxi meze (21 dishes) which is a good way to try everything - a very tasty choice with an outstanding value. The trout is also a very popular pick there. For desert they usually serve baked halva ("halvas tou fournou") or baklava. Another good example from the traditional

taverns that are included in this year's Vakhis program is the Agia Anna Tavern in Agia Anna village in Larnaca.

True to taste

Any equipment used in food preparation in the taverns participating in the project must be traditional, like stone ovens, charcoal grills and the food must be served in clay dishes and bowls. This is the case at Agia Anna, a very cosy taverna located in an old stone house which serves meze and wine out of crockery jugs. You will be overwhelmed by about 35 dishes of meze, freshly baked homemade bread and hot trahana (wheat and yogurt rusks) soup as a starter during winter time. You will probably be offered some zivania or koumandaria (see p.) in the beginning and you will be lured by a great selection of desserts at made by local ingredients, such as a galaktoboureko (cream in a crispy pastry shell). Gonia tou Anastasi is another Vakhis restaurant that serves an exquisite traditional dessert, bourekia, which are sweet cheese pastries made with local anari cheese. For a start, its premises reflect the ambience of traditional Cypriot architecture- it is a nicely-decorated, rustic space- its furniture is traditional in character, and only the highest quality materials have been used for the taverna's decorative elements. It serves authentic Cypriot meze in 25 different dishes, including a very traditional although rare dish of marinated grilled quails. Kebab (souvlaki) and sheftalies are also a must try here. There is no place during the summer like Takis Tavern evergreen courtyard in Vouni village. The service offered conforms to the high standards of local hospitality, while the food served is authentic and always prepared using traditional cooking methods. So enjoy Cypriot



hospitality and Cypriot food in immense portions while sipping on a warm trahana soup as a starter. You must try the pork in red wine, the courgette fritters and Takis' specialty of suckling pig. The traditional, cosy atmosphere, eclectic meze dishes and picturesque setting will surely satisfy all food-lovers. Voreas is situated in an old, traditional Cypriot house, complete with a large garden area and is the ideal setting for tasting the culinary wonders of Cyprus and getting a good idea of what the Vakhis project is all about. Much attention is paid to the cleanliness and hygiene of equipment as well as the interior and exterior dining areas. It is situated in Oroklini. a rural and traditional village located 8km to the north-east of the centre of Larnaka. Its extensive menu includes chicken kebab, cheeseballs and an impressively long list of meze dishes. By ordering the meat meze in Voreas you can never go wrong. A parade of traditional delights including lamb ribs, beef stew and the traditional warm bread with olive oil will make you want to return time after time.

Very Vakhis

The ten taverns listed below have been thoroughly inspected, were found to comply with the specific regulations and quality standards of this project, and were awarded the "VAKHIS" certificate.

Agia Anna Tavern (99462350) Agnooumenou Andrea Georgiou 1, Agia Anna, Larnaka. Gonia tou Anastasi (22384884/ 99441145) Arch. Makarios 4, Tseri, Lefkosia. Kamares Tavern (25470719) Elia Kan-

Kamares Tavern (25470719) Ella Kannaourou, Lofou, Lemesos. Kazani Tavern (25470243) Pigis Street,

Lofou, Lemesos.

Kinyras Venue Café (26927107) Ledas 1, Kato Pafos.

Lofou Tavern (25470202) *Tsintouri, Lofou, Lemesos.*

Mesostrato Restaurant - Café (22924700) Palaias Kakopetrias 47, Kakopetria, Lefkosia.

Mandra (24646040) Evagora Pallikaride, Oroklini, Larnaka.

Takis Tavern (25943631/99468151) Andrea Vlami 12, Vouni, Lemesos.

Voreas Tavern (24647177) Andrea Demetriou 3, Voroklini, Larnaka.

Lefkosia

The island's capital might not be its culinary capital just yet (Lemesos is the undisputed champion thus far) but the steady arrival of new restaurants as well as a constant upgrading of menus and service are making it catch up rapidly. Whether you opt for a traditional taverna in on the suburbs or a hip sushi joint downtown there's more than enough variety to satisfy most palettes.

Where to eat

African

Zebras Steakhouse

Klimentos Towers, Klimentos 43 (22458600, 22458601) **Open** Mon- Sat noon-3pm; Sun noon- 12pm **Main courses** €13.50-€30 **Credit** AmEx, MC, V

Run by chef Andreas Vassiliades (who had owned restaurants in South Africa for more than 20 years), stylishly quirky Zebras provides a rare dining experience. Its menu includes starters of all kinds, prime cuts of meat, excellent seafood, specialty dishes with a taste of Africa, burgers with a distinct signature, as well as vegetarian dishes.

<u>Asian</u>

Wagamama

Themistocli Dervi 16 (22870140) **Open** Mon-Sat noon-11.30pm, Sun noon-11pm **Main courses** €8.35-€15.50 **Credit** AmEx, DC, MC, V

A sandstone mansion was spectacularly renovated with glass, steel and a long open kitchen to accommodate this branch of the renowned chain. It combines fresh and nutritious food in an elegant and simple setting, providing helpful, friendly service and a value for money experience.

<u>Chinese</u>

Bamboo

Ledras 185 (22451111) **Open** Daily 11am-11pm, Archiepiskopou Makariou 66, Lakatamia (22454400) **Open** Daily 12am3pm, 6pm-11pm, **Main courses** €10.50-€12.50 **Credit** AmEx, DC, MC, V The place to have a quiet and tasty lunch or dinner especially if you are in the old town shopping or sightseeing. Modern, minimal décor, relaxed atmosphere and fresh, truly light Chinese food.

China Spice

Pindarou 26 (22875875) **Open** Mon-Fri noon-3pm, 7pm-midnight; Sun 7pmmidnight **Main courses** €8.10-€18.50 **Credit** AmEx, DC, MC, V

Since its opening in 2003, China Spice has had great success. The contemporary, minimalist style and modern decor with white linen blinds, dark wood panels and a colorful aquarium create a pleasant dining setting. Good food and service, at reasonable prices.

Chopsticks

Galaxias Centre, Archiepiskopou Makariou III (also, on Ledras & at the The Mall of Cyprus) (22817070) **Open** Daily noon-midnight. Also in Makariou Lakatamia **Open** Daily noon-3pm, 6pm-10.45pm **Main courses** €4.80-€9.90 **Credit** AmEx, DC, MC, V Ideal for lunch after shopping in Makariou Avenue, in Ledras or at The Mall of Cyprus in Strovolos. Good prices and modern Chinese fast food in a friendly atmosphere.







Dragon

Stasinou 1, Engomi (22591711, 22591722) **Open** Daily 7pm-11.30pm **Main courses** $\in 6-\in 12.70$ **Credit** AmEx, DC, MC, V Dragon has a good range of dishes, all cooked by a Chinese chef. Try a shrimp dish or the ostrich with oyster sauce. Prices are mid-range. Don't forget to make a reservation.

Pagoda

Louki Akrita 11 (22878000) **Open** Daily noon-3pm, 6.30pm-12pm **Main courses** €7.60-€16.30 **Credit** AmEx, DC, MC, V The oldest Chinese restaurant in Cyprus (established in 1969). Highly experienced Chinese cooks, and highly trained staff, are there to satisfy every demand. It is much loved for its high quality ethnic traditional food. It



combines first class service with a unique modern décor and a warm friendly atmosphere. Specialises in Peking and Sichuan dishes.

Pagoda Mont Parnas

Akropoleos 1, Engomi (22444740) **Open** Daily noon-3pm, 7pm-midnight. **Main courses** €7.60-€16.30 **Credit** AmEx, DC, MC, V This recently renovated new addition to the Pagoda chain of restaurants is a stylish place for a meal out- the view of Nicosia is simply breathtaking. Highly experienced Chinese cooks, and highly trained staff, are there to satisfy every demand. It is much loved for its high quality ethnic traditional food. It combines first class service with a warm friendly atmosphere. You'll also find a great selection of sushi dishes on the menu.







Cypriot/Greek

Agia Anna

Agnooumenou Andrea Georgiou 1, Agia Anna Village (30 min from Lefkosia) (22532500) **Open** Tue-Sat 8pm-midnight, Sun noon-midnight **Main courses** €14 for meze **Credit** AmEx, DC, MC, V

A nice place to try the traditional Cypriot meze and enjoy the charming countryside of the Agia Anna village along the way. Don't forget to leave space for dessert as they serve a great selection of local sweets.

Agios Georgios

Plateia Tyllirias 27, Old town (22765971) **Open** Mon-Sat 7am-4pm, 6pm-12am **Main**

courses €6-€12 **Credit** AmEx, DC, MC, V Great little place just next to Saturday's municipal fruit and vegetable market. It offers traditional Cypriot soups and legumes as well as char grilled dishes. Cheap but absolutely delicious.

Aigaio

Ektoros 40, Old town (22433297) **Open** Mon-Sat 7.30pm-1am **Main courses** €17 for meze **Credit** AmEx, DC, MC, V Somewhat of an all time classic taverna serving Grek and Cypriot delicacies. It may be a bit pricier that other tavernas in the capital but the atmosphere in the verdant open air courtyard more than compensates. Reservations essential.



A la Ellinika

Prevezis 12 (22679090) **Open** Mon-Fri noon-3pm, Mon-Sat 7.30pm-12pm. **Main Courses** €6-€12 **Credit** AmEx, DC, MC, V This recently opened taverna in the centre of Nicosia serves a good and suitably authentic variety of traditional Greek dishes. Try as many as you like by ordering the large traditional meze.

Eirinias

Archiepiskopou Kyprianou 64A, Strovolos (22422860) **Open** Daily noon-3pm, 7.30pm-1am **Main courses** €15 for meze **Credit** AmEx, DC, MC, V

One of the top tavernas in Lefkosia, frequented by Greek and Cypriot stars and celebrities. The traditional Cypriot meze dominates here. Be prepared for an "eat till you drop" dinner! The large, sweet cheese pastry (poureki) served at the end is legendary.

Ellinikes Diadromes

Aglantzia 22 (22330701) **Open** Mon-Sat 8pm-12.30am **Main courses** around €20 for meze **Credit** AmEx, DC, MC, V A rustic place serving amazing, tasty Greek meze. It is also widely popular amongst locals, especially on a Saturday night, so booking in advance is advisable.

EllOinon

Archiepiskopou Makariou III 44, (22333262) **Open** Wed-Sat 8pm-11.30pm **Main courses** €17.30 for meze **Credit** AmEx, DC, MC, V Very much like a charming taverna in the well-known Plaka neighborhood of Athens, EllOinon serves up well-oiled traditional Greek dishes, as well as various kinds of char grilled meats and the freshest chips in town. You will surely enjoy the live Greek music!

I Gonia tou Anastasi

Archiepiskopou Makariou III 4, Tseri Village (22384884) **Open** Daily 7.30pm-10.30pm (kitchen) **Main courses** €17 for meze **Credit** AmEx, DC, MC, V

Enjoy the 25-plate strong meze that Mr Anastasis prepares each day. Highlights include the chicken kebab and the quail, both marinated. You can also try the bacon infused with wine from the Panayia region of Pafos - a Cypriot delicacy. Make sure you save some space for the sweet cheese pies (pourekia) at the end.

Kath' Odon

Ledras 62D, Old town (22661656) **Open** Daily 9am-11.45pm (kitchen) **Main courses** €4.10-€7.90 (€14 for meze) **Credit** AmEx, DC, MC, V

A truly good Greek meze place, located at the end of Ledras, next to the checkpoint. Great spot to enjoy an evening stroll down Ledras street. Tasty Greek food and traditional Greek deserts. Live greek music every night.

Loukoullos

Cleopatra Hotel, Florinis 8 (22844000) **Open** Mon-Sat 7pm-midnight **Main courses** €8.50-€20 **Credit** AmEx, DC, MC, V



To Pantopoleion «I Kali Orexi»

Succulent Greek meze and a good selection of wines. Especially attractive in the summer when the tables are out in the courtyard by the pool. You can enjoy live guitar music on Wednesday, Friday and Saturday starting at 9pm. Reservation recommended.

Loxandras

Faneromenis 67-69, Old town (22675757) **Open** Mon-Sat 7pm-12pm **Main courses** €7-€10 **Credit** AmEx, DC, MC, V

Always packed with locals thanks to the good food and the picturesque surroundings. Loxandras is always lively, with tables lining the pedestrian street leading to Faneromeni church in summer. Ideal if you enjoy a walk after dinner.

Mattheos

Plateia 28th October, Old town (22755846) **Open** Mon-Sat 6am-4pm **Main courses** $\notin 6 - \notin 8$ **Credit** No

This tiny, family-owned restaurant dishes out

a daily menu of rustic meat and vegetable dishes. Excellent, home-style traditional food. The tables outside are just behind the little mosque on the square off Faneromeni, and from there you can experience the buzz of the old city's while enjoying your lunch.

Palia Plateia

Kyriakos Karaolis 5, Aglandjia (22337128) Open Mon-Sat 7.30pm-11.30pm (kitchen) Main courses €8-€24 (€17 for meze) Credit AmEx, DC, MC, V

This Time Out Award winner for best taverna in 2007 serves all kinds of dishes so you don't have to order a fixed meze if you don't want one. It's famous for its large veal steak and its mouth-watering sheftalies. In fact it used to be the oldest coffee shop in the area and though now it serves food too you can still sense that vintage feeling in the air. After dinner have an apple pie with ice cream in its outdoor seating area.

To Pantopoleion «I Kali Orexi»

Vasileos Pavlou 7 (22675151) **Open** Mon-Sat 12.30pm-3pm, 7.30pm-11.00pm (kitchen) **Main courses** €20-€25 **Credit** AmEx, DC, MC, V

Locals have been scrambling to reserve an outside pavement table at this brand new hip eaterie housed in old traditional grocery shop. Why? The menu serves Greek and Cypriot staples like pulses, dips and meat dishes with a modern twist. Moreover, the white chairs and tables have a certain 'Greek islands' vibe about them, the service is super attentive and prices are more than reasonable. Advance booking recommended.

Shiantris

Pericleous 38, Old town (22671549) Open Mon-Sat noon-4pm, for night reservations they need confirmation Main courses €8-€10 (€18 for meze) **Credit** No The restaurant has moved to a renovated establishment to the corner across the street. consisting of four separate rooms. Open as a cook house (maerko) for lunch and as a taverna for dinner. Serves fresh, seasonal food such as pulses, casseroles, lamb cooked in the oven and for dessert traditional sweets and galak toboureko (custard filled filo dessert), all prepared to your liking. The décor, a combina tion of classic and modern, together with its traditional Cypriot cuisine, make it an ideal place for a unique eating experience. Booking recommended.

Stou Kyriakou

Paleologou 5, Strovolos (22497539) **Open** Mon-Sat 6.30pm-11pm (kitchen) **Main courses** €9-€12 (€18 for the whole meze) **Credit** DC, MC, V

Surrounded by trees in an area crowded with blocks of flats, this taverna offers good meze dishes such as pork tandoori souvlaki, beef liver, marinated chicken, eggs scrambled with aubergines, village sausages, tenderloin in wine sauce, chicories and bourekia for dessert.

Tavernaki tou Pambou

Achaion 35, Agios Andreas, (22781083) **Open** Mon-Sat noon-3.30pm, 7pm-11pm **Main courses** €5-€16 **Credit** AmEx, DC, MC, V Mr. Pambos has poured his heart into his little taverna. Go for the hearty meze or for local specialities like a wine-infused local cold cut called lountza. More daring patrons can also try snails and various kinds of game.

To Steki tou Kosti

Plateia Iroon 1, Aglandjia (22330059) **Open** Mon-Sat 8.30pm-11pm **Main courses** €17 for meze **Credit** AmEx, DC, MC, V

One of the best meze places in town. A traditional little taverna with walls filled with posters from the glory days of Greek cinema. You will surely relish the tender chicken kebab and the cheer-ful service. On Fridays and Saturdays Mr. Yian-nis goes around the tables playing Greek all-time classics on his guitar – it's not unusual for diners to join in and sing along.







To Tavernion tou Hontrou

Xanthis Xenierou 23 (22756753) **Open** Mon-Sun 5pm-midnight **Main courses** €17 for meze Sun-Thu (€22 Fri&Sat) **Credit** AmEx, DC, MC, V

Meze taverna in the old part of Lefkosia housed in an old stone and wood building. Well-cooked food prepared with fresh ingredients. Live music every Friday and Saturday.

Vasiliki

Digeni Akrita 28A (22349803) **Open** Mon-Sat noon-5pm **Main courses** €6-€12 **Credit** AmEx, DC, MC, V Vasiliki is a well-known for traditional homemade style dishes like pulses, delicious vegetarian dishes, freshly-cut salads and a



wide variety of meats. You will have to discover it under a small arcade behind Agios Antonios municipal market but the search will be worthwhile. Open only for lunch.

Zanettos

Trikoupi 65, Old town (22765501) **Open** Tue-Sun 6pm-midnight **Main courses** €18 for meze **Credit** AmEx, DC, MC, V Zanettos can be a bit difficult to locate because it's hidden away in the narrow streets of the old city. Ask any taxi driver though and it's as much a landmark as the Eiffel Tower is to Paris. Going since 1938, it serves traditional Greek-Cypriot meze.

<u>Fish</u>

Garidomania

Kyriakou Matsi 63, Agios Dometios (22777179) **Daily** noon-3pm, 7pm-midnight **Main courses** €9-€20 (€20 for meze) **Credit** AmEx, DC, MC, V A prawn lovers can enjoy their favourite kind of seafood in abundant quantities here and at very good prices. Don't forget to try the grilled prawns marinated with lemon and butter sauce. A taste of homemade "mahalebie" is also a must when it's dessert time!

Family Nest

Kerameikou 4, Strovolos (22427160) **Open** Daily noon-3pm, 7.00pm-11pm **Main courses** €11-€17 (meze €21) **Credit** AmEx, DC, MC, V

A pleasant and hospitable place where you can enjoy traditional Cypriot fish meze and drinks. You will definitely fancy the deep-fried red mullet and the delicious prawns.







Karavides Fish Tavern

Eleftheriou Venizelou 258, Lakatamia (22358666) **Open** Mon-Sat 7pm- midnight; Sun noon-4pm **Main courses** €12-€30 **Credit** AmEx, DC, MC, V

The locals know that Karavides has a reputation for serving the freshest fish and that is why it is frequently packed with fish lovers. Especially in the summer months you can have enjoy a starlit dinner in the lovely garden area.

Latsi Fish Tavern

Agiou Pavlou 1 (22780937) **Open** Tue-Sun 12.30pm-3pm, 7.00pm-11.00pm **Main courses** €12-€16, meze €20 **Credit** AmEx, DC, MC, V The owner is known to make early morning trips to the market to claim the best fish available from the various harbours on the island for his customers. Choose a wine from the excellent wine list to enjoy along with your fish meze.



Paragadi

Niovis 3 (22491310) **Open** Daily noon-4pm, 7pm-midnight **Main courses**, $\in 5-\in 60$ ($\in 22.50$ for meze) **Credit** AmEx, DC, MC, V Fresh fish that the manager can help you select. An assortment of Cypriot starters will appear at your table before you even open the menu. You must try the grilled calamari and octopus. For dessert, have something traditional like a "glyko tou koutaliou" (boiled and sweetened fruits and vegetables). Finish up with a good old Cyprus coffee! Booking advisable.

Pyxida

Menandrou 5 (22445636) **Open** Daily 12.30pm-3pm, 7.30pm-11pm **Main courses** €10.30-€15.50 (€22.50 for meze) **Credit** AmEx, DC, MC, V It's smallish, but doesn't feel stuffy. The

location's central, with easy parking. The food's good enough to come back for, the



prices, on the whole, are reasonable and the clientele well-heeled. You definitely have to go for the fish meze. And as their slogan states, "as you set out on your journey for fish, let the Compass (Pyxida) act as your guide". Booking essential.

To Psarolimano O Philippos

Tseriou 7 (22314020) **Open** Mon-Sat 7.30pm-11pm **Main courses** €12-€50, **Credit** AmEx, DC, MC, V

A family-run fish tavern, found at the start of Tseriou Avenue in Strovolos. It has one of the best, traditional courtyards in Lefkosia. There is no menu because what is available is always the catch of the day and some nights the choice is quite limited. The traditional courtyard alone is worth the visit.

French

Pvxida

Le Tableau

Stasinou 1 (22663676) **Open** Mon-Sat noon-3pm, 7.30pm-11pm **Main courses** €14.50-€49 **Credit** AmEx, DC, MC, V This new arrival on busy Stasinou Avenue has an air of Provence about it: picture white flowery fabrics and antique-looking white wooden furniture. At lunchtime there's a Mediterranean menu comprising a variety of fresh, crisp salads, pasta and grilled dishes as well as traditional Cypriot dishes. The dinner menu offers an interesting cross section of modern and traditional French cuisine with a few Meditteranean influences thrown in for good measure. C' est bon!

<u>Indian</u>

Taste of India

Hadjigeorgaki Kornesiou 3, Makedonitissa (22464100) **Open** Mon-Sat noon-2.30pm, 7pm-11pm **Main courses** €7.20-€15.50 **Credit** AmEx, DC, MC, V

This is definitely the best Indian restaurant in town. Enjoy a delicious dinner in the restaurant's luxurious surroundings. It is set in a residential area and although it's not the easiest place to find it is definitely worth a visit. They serve both northern and southern Indian cuisine and 15 vegetarian dishes. Reservation essential especially at weekends.



International

60one

28th October 61, Engomi (22590059) **Open** Daily 8pm-11pm **Main courses** €17-€30 **Credit** AmEx, DC, MC, V

Using the simplest and freshest ingredients, this restaurant serves Mediterranean cuisine with a modern twist and stocks some fine wine to boot. The décor is very impressive and the food is excellent. Not a cheap choice but definitely worth a visit.

1900 Oinou Melathron Bistrot

Pasikratous 11-13, Plateia Eleftherias (22667668) **Open** Tue-Sun 6pm-11.30pm, **Credit** AmEx, DC, MC, V

One of the new "talk of the town" places in Lefkosia, this bistrot is characterized by French cuisine influences, fusion elements and a very well informed wine list with more than 320 wine brands. A three course dinner (wine not included) costs around €35 per person.

Bennigan's

Agiou Nicolaou 85, Engomi (22464111/ www.bennigans.com.cy) **Open** Daily 12pmmidnight **Main courses** €10.25-€20.95 **Credit** AmEx, DC, MC, V Part of an American chain, Bennigan's serves traditional American-type fare with a full line of entrées and mouth-watering desserts, not to mention enticing sandwiches, wraps, burgers and salads. It's also a good place to catch an international sports event while enjoying a couple of beers. Very reasonable prices.

Café La Mode

M&S Department Stores at: Acropoleos 90 (22510788), Lemesou 106 (22871787) Archiepiskopou Makariou III 12A (22447272), Yianni Kranidioti 33C Latsia (22467256) **Open** Mon-Sat 9am-midnight; Sun 12pmmidnight **Main Courses** €10-€20 **Credit** AmEx, DC, MC, V

Very popular not only with the Marks & Spencer crowd but - especially in the case of the downtown café in Makariou – also the whole of Lefkosia's café/shopping society. Excellent food, big portions, attentive service and delicious, generous desserts. Amazing salads in big portions as well.

Chateau Status

Markou Drakou 12, Ledra Palace (77771167, www.phokion.com) **Open** Mon-Sun 11am-2am **Main courses** €13-€45 **Credit** AmEx, DC, MC, V


The multifunctional *Chateau Status* is a bar and restaurant complex – a stone's throw away from the Ledra Palace checkpoint - this great restaurant offers fusion cuisine from around the globe in a décor resembling a glammed up rustic Greek taverna. You will find the Harley Davidson Bar, Oinohoos Restaurant, the Marquee Restaurant and the new Ice Cube Restaurant, private dining Green Room Restaurant and the private Cybel Whiskey Club on the first floor.

Chop't

Ledras 207 (22818781) **Open** Mon-Sat 10am-4pm, 7pm-11pm; Sun 10am-5pm, **Main Courses** €5.95-€14.20 **Credit** AmEx, DC, MC, V

A trendy salad bar in an old arcade in Ledras street, where you can style your own salad, choosing from a list of fresh ingredients and dressings. Yummy and light. You will find soups for the winter. Also try the dips or a slice of quiche.

Domus Lounge Bar and Restaurant

Korae 5 (22433722) **Open** Daily 10.30pm-2am (kitchen open until 11.30pm) **Main courses** €14-€26 **Credit** AmEx, DC, MC, V





Situated in old Lefkosia, it comprises a ground floor lounge bar and upstairs restaurant. Décor is slightly on the over-dressed side: this is definitely a 'see and be seen' kind of place. After midnight the restaurant becomes more of a lounge bar and the well heeled crowd boogies along to oldies and mainstream chart hits. Reservation essential.

Fontana

Hilton Hotel, Makarios Avenue (22377777) **Open** Daily 6.30am-midnight (kitchen closes at 11.45pm) **Main courses** €20.75-€29.75 **Credit** AmEx, DC, MC, V

The Fontana Restaurant is available for allday dining. Enjoy a sumptuous buffet-style English breakfast in the morning, and for lunch or dinner choose from a wide variety of traditional or international buffet choices or a la carte menu. Certain to satisfy all tastes, their menu also includes Hilton Classics, Healthy Options and vegetarian dishes.

Le Café

Archiepiskopou Makariou III 16C (22466566) **Open** Daily 9.30am-2am (kitchen closes at midnight) **Main courses**

€9.80-€26 **Credit** AmEx, DC, MC, V

One of the most popular cafés in Lefkosia. This is an ideal spot for people watching on busy Makariou Avenue. Food options range from massive salads to grilled chicken and gourmet burgers. A good choice for a break if you're shopping in the centre of town.

Nando's

Plateia Solomou (22445151) **Open** Daily noon - 11.30pm **Main courses** €7.65-€17.25 **Credit** AmEx, MC, V

The Lefkosia branch of the famous Nando's chain offers the same menu staples (Peri-peri chicken etc.). Choose from extremely spicy hot to tasty lemon and herb dishes. Friendly staff, reasonable prices.

Palia Elektriki

Palias Ilektrikis kai Tempon 19 (22432559) Open Tue-Sat 11am-2.30pm, 7pmmidnight; Sun 11am-3pm Main courses €9.50-€25 Credit AmEx, DC, MC, V A gorgeous little place nestled deep in the heart of the old town, Palia Elektriki is housed in a former Power House building adjacent to the The Lefkosia Municipal Arts Centre. The traditional Cypriot and international dishes and desserts on the menu are undeniably enticing but the real winner here is the delightful verdant courtyard – a lovely place for an evening meal on a balmy summer night.

Pralina

Stasikratous 31 (22660491) **Open** Daily 8.30am-2am (kitchen closes midnight) **Main courses** €11-€23.50 **Credit** AmEx, DC, MC, V

Café restaurant in the main shopping area of Lefkosia, popular amongst a showy, fashionista set that feel underdressed if all their designer labels aren't showing at once. Wide range of well presented, varied and tasty dishes. There are not many restaurants in Lefkosia that can boast the kind of buzz that comes from lively late night, caffeine-fuelled debate such as Pralina. It serves some of the best desserts in town.

Press Lounge

Stasinou 31, Engomi (22445644) **Open** Mon-Fri 10am-midnight; Sat & Sun 11am-1am **Main courses** €12-€22 **Credit** AmEx, DC, MC, V

Very popular location - along a strip housing a number of clubs, bars and fast-food outlets that runs parallel to Griva Digeni in Engomias well as a pleasing design and ambience. It offers an unusual combination of the ultramodern, yet comfortable. The food is excellent and there is a huge variety of drinks. A truly cosmopolitan place to be.

TGI Fridays

Diagorou 12 (22674411) **Open** Daily 10ammidnight **Main courses** €9.50-€25.30 **Credit** AmEx, DC, MC, V

Worldwide chain serving American style hamburgers and steaks. Every dish is prepared using the finest ingredients and arrives at your table with the fanfare that has become TGI Friday's trademark. You must try one of their huge cocktails or non alcoholic smoothies. Leave room for one of the typically gargantuan desserts. **Other locations:** *Mall of Cyprus (22815776)* **Open** Mon-Sat 7am-1am; Sun 8am-1am.

<u>Italian</u>

Cos'altro

Archiepiskopou Makariou III 9, Mondo Building (77778055) **Open** Daily 7pmmidnight **Main courses** €11.50-€28 **Credit** AmEx, DC, MC, V

A trendy, busy place with an impressive modern décor: imagine glass everywhere, ropes cordoning off various sections and cocoon shaped seats hanging from the ceiling. Ideal for a romantic dinner for two or an intimate meal between friends. The staff is very attentive. Try the marvelous pasta dishes.

Da Paolo

Constantinou Palaiologou 52 (22438538) Open Daily 7.30pm-midnight Main courses €8.50-€16.30 Credit AmEx, DC, MC, V Italian pizza and pasta with pizzas cooked in a traditional brick oven. Cosy and friendly, Da Paolo also has a small al fresco dining area across the road from the actual restaurant which overlooks the moat of Lefkosia's city wall.

II Forno

Ledras 216-218 (22456454) **Open** Daily 11am-11.30pm **Main courses** €9.20-€11.20 **Credit** AmEx, DC, MC, V Excellent Italian food. Small place but always packed. Big freshly cut salads, mouth-water-

packed. Big freshly cut salads, mouth-watering pastas and yummy Italian pizzas. Tables spill out onto busy Ledras street. Book a table in advance.







La Spaghetteria

Evagora 31A (22665585) **Open** Mon-Sat 11am-midnight **Main courses** €8.17-€11 **Credit** AmEx, DC, MC, V

Small and elegant, it offers all kinds of pasta dishes prepared using the freshest and purest ingredients, with white and red sauces. Also offers authentic Italian pizzas cooked in a wood-oven as well as homemade desserts.

La Pasteria

Spyrou Kyprianou 9 (22460460) **Open** Daily noon-midnight **Main courses** €10-€25 **Credit** AmEx, DC, MC, V

A popular trattoria style Italian Restaurant in the heart of Lefkosia. It serves a large variety of pasta, salads and chicken, fish and meat on the grill prepared in an open kitchen. Ideal for business lunches and nights out. Reservations recommended.

The Best Restaurants for...

Gourmet delights 1900 Oinou Melathron See p36.

Japanese cuisine Seiko See p41.

Food with a view Pagoda Mont Parnas See p27.

For Fish lovers Pyxida See p34.

Value for money II Forno See p39.

Traditional Cypriot meze Tavernaki tou Pambou See p31.

Marzano

Diagorou 27 (22663240) **Open** Daily noonmidnight **Main courses** €6.70-€24.65 **Credit** AmEx, DC, MC, V

Part of the Pizza Express chain, it offers a menu consisting of a variety of gourmet pizzas, pastas, fresh salads and homemade desserts. Good food, and pleasant surroundings. There's live music with soul and blues nights on Fridays and international hits on Saturdays. Special events for children on Saturdays and Sundays.

Ristoranti Italiani

Kennedy Avenue, Megaro Athieniti (22761515) **Open** Mon-Sat 12.30pm-3pm, 7pm-midnight **Main Courses** €14-€35 **Credit** DC, MC, V

Italian owners Domenico and Antonio have designed a modern and simple dining area where you can sample authentic Italian recipes like spinach and ricotta ravioli and a tempting pannacotta with fruits of the forest.

Trattoria

Old Municipality Square, Old Town in Stoa (22875822) **Open** Daily 7pm-11.30pm, **Main Courses** €9-€29.50 **Credit** AmEx, DC, MC, V

Located within the Stoa multi-entertainment space which also houses cafes, a club, events room, galleries and a lounge bar. A modern place with an authentic Italian menu for those who like to experiment with tastes. We suggest that you try the traditional Italian value for money dishes of the day.

.EFKOSIA

Vivere

Rigainis 70, Holiday Inn (22712712) **Open** Daily 12.30pm - 3pm, 7.30pm - 11 .30pm **Main courses** €11.30 - €39.30 **Credit** AmEx, DC, MC, V

Vivere promises a pleasant dining experience. Chefs recruited from the finest Northern Italian restaurants use only fresh and all natural imported ingredients. Generally more expensive than most other Italian restaurants around town but worth it. Good wine list.

<u>Japanese</u>

Akakiko

Archiepiskopou Makariou III 9A (77778022) **Open** Daily noon-midnight **Main courses** €9.50-€40.50 **Credit** AmEx, DC, MC, V

Above Mondo Café on Makariou avenue, this branch of the Austrian chain of Japanese restaurants is ideal for lunch or a light supper, with an extensive menu of fusion cuisine that includes Japanese, Malaysian, Chinese and Korean. It offers one of the best sushi and maki rolls in Cyprus. Nice décor and friendly staff provide a pleasant dining experience.

Peninsula Sushi Bar & Bonzai Restaurant

Rigainis 70, Holiday Inn (22712712) **Open** Daily 12.30pm-3pm, (6.30pm for Bonzai), 7.30pm-11pm **Main courses** No prices given **Credit** AmEx, DC, MC, V The first conveyor belt sushi restaurant on the island offers good service and a nice variety of well-prepared dishes, such as sushi, sashimi and Teppanyaki.

Seiko

Stasikratous 26-28 (77777375) **Open** Daily 11am-3pm, 7pm-midnight, except Tuesday noon **Main courses** average price per per-son €35 **Credit** AmEx, DC, MC, V

Located in trendy Stasikratous. A chic place with a large variety of Japanese dishes on the menu. Outstanding sushi and sashimi. Reasonable prices considering the location and the quality offered.

Other locations: Madisons (77776676)

Sushi La

Pindarou 27, Agios Antonios (22375036) Open Mon-Sat 12pm-12am; Sun 6pm-12am. Main courses €12-€35 Credit AmEx, DC, MC, V



One of the hippest, most satisfying going out experience you can have in the capital. The all white futuristic design has a chic 60s vibe to it, the sushi's good, the cocktails are excellent and the music policy (anything from Royksopp to Nina Simone) is simply the best on the island. Pleasant al fresco dining area.

Zen Fusion

Spyrou Kyprianou 18 (22755060) **Open** Daily 7.30pm-11pm **Main courses** No prices given **Credit** AmEx, DC, MC, V Posh Japanese Restaurant that serves a mixture of traditional Japanese Sushi dishes but also some more westernized hot dishes for those who may not be too keen on raw fish. For an authentic Japanese dining experience reserve on of the tables that allow you to sit cross legged on the ground. Waitresses also offer relaxing shoulder massages. Enjoy the all-you-can-eat buffet every Tuesday night. Reasonably priced.

Lebanese/Arabic

Fanous

Solonos 7C (22666663) **Open** Daily 11ammidnight **Main courses** €15 for meze, €11 for vegetarian meze **Credit** AmEx, DC, MC, V

Just a short walk over from Ledras street

Fanous serves traditional and modern Lebanese cuisine. There is also a belly dancer on Saturdays. Booking advisable especially on weekends.

Syrian Arab Friendship Club

Queen Amalia 17 (22776246) **Open** Daily 11am-midnight **Main courses** $\in 6 - \in 8$, meze $\in 15$ **Credit** AmEx, DC, MC, V The meze is massive, so if you go for lunch, you won't be eating dinner. This is an ideal place for vegetarians too. The large garden is laden with cooling fans in the hot summer months. The service is friendly, and the wonderful food is definitely an experience. At dessert time try the delicious *mahalabia* (a light, rice custard, served cold) along with a Syrian coffee.

<u>Mexican</u>

Chillies

Corner Aischylou & Ippokratous 46, Laiki Yitonia (22671647) **Open** Mon-Sat 11am-3pm, 7pm-11pm **Main courses** €7.86-€15.29 **Credit** AmEx, DC, MC, V A Mexican restaurant with a pleasant enough atmosphere and Tex-Mex decor. You'll find authentic staples like fajitas and enchiladas on the menu. You can wash everything down with a refreshing strawberry margarita.





El Pueblo

Ouranias 14, Aglandjia (22333306) **Open** Mon-Sat 7pm-11.30pm; Sun noon-3pm, 7.30pm-11pm **Main courses** €12-€30 **Credit** AmEx, DC, MC, V

All the favourites are here: tacos, nachos, fajitas, burritos as well as imported traditional Mexican beer and margarita pitchers. Part of an island-wide chain.

El Torito

Kallipoleos 39A, Lykavitos (22757340) **Open** Tue-Sat 7pm-midnight **Main courses** €16-€32 **Credit** AmEx, DC, MC, V Great Mexican food in the heart of Lefkosia. The restaurant is housed i a traditional Cypriot old residence painted in classic Mexican colours. Cute and cosy, with good food, though a little pricey.

Polynesian

Pago Pago

Castelli Hotel, Ouzounian 38 (22712812) Open Tue-Sat 12.30pm-3pm, 7.30pm-11.15pm Main courses No prices given Credit AmEx, DC, MC, V

Decked out to resemble some kind of Polynesian hut, the atmosphere here is kind of tacky but fun. Try various exotic variations of Polynesian dishes. An in-house Cuban band plays original salsa, cubano and Latin tunes.

<u>Spanish</u>

Casa Vieja

Archangelou Michael 3, Old Town (22673371) **Open** Daily 7.30pm-11.30pm **Main courses** €3.50-€11.90 **Credit** AmEx, Barter Card, DC, MC, V Casa Vieja, which is located in the heart of old Lefkosia, offers thirty-seven different traditional Spanish Tapas dishes, and four different types of paella. Serves an extensive cocktail menu, potent Sangria and wonderful Spanish wines. An additional outside patio is perfect for parties, business dinners and quiet romantic evenings.

Steak houses

Rancho

Archiepiskopou Makariou III 106, Lakatamia (22454454) **Open** Mon-Sat 8pm-midnight **Main courses** No prices given **Credit** AmEx, DC, MC, V

Offers a large range of char grilled menu options and steak dishes. Cosy Tex-Mex style décor indoors and a large al fresco dining area with tall palm trees, willows and a fountain.

Steak Co.

Griva Digeni 1 (77777747) **Open** Daily 12.30pm-3pm, 7.30pm-11pm **Main courses** €10.90-€21.90 **Credit** AmEx, DC, MC, V A menu suitable for all palates, focusing on calf and veal steaks. One can find also lamb, prawns, salmon dishes and various chicken recipes. Very good wine cellar.

Starz

Doiranis 18, Makedonitissa, (22658313) Open Mon-Thu & Sun 8pm-11pm; Fri & Sat 8pm-midnight Main courses €14-€47 Credit AmEx, DC, MC, V

Nominated for the 2009 Time Out Eating Awards, Starz serves up succulent cuts of Argentinean steaks, great salads and a starry view that justifies its name. Nice big portions and reasonable prices.

Lemesos

Ask anyone where the best restaurants on the island can be found and the overwhelming response will be 'Lemesos'. It's quite remarkable how the restaurant scene has boomed in the town over the past decade. In the winter, cute café-restaurants around the castle like Dino Art Café and Ousia are great for cosy dinners with gourmet delights at value for money prices. Once the summer heat arrives there are al fresco delights abound with many great seaside venues and outdoor dining areas to choose from.

Where to eat

<u>African</u>

Ta Kokkalakia

Agiou Andreou 239 (25340015/www. takokkalakia.com) **Open** Mon-Sat 6pm-12pm **Main courses** €17-€23 **Credit** AmEx, DC, MC, V

Lovely big portions, with a strong focus on meat dishes, this South African-style restaurant, complete with al fresco dining in the garden, provides a wonderful dining experience.

<u>Arabic</u>

Mandaloun

Yiannou Kranidioti (close to Le Meridien Hotel/www.mandaloun.eu) (25636845) **Open** Mon-Sun 7pm-midnight **Main courses** €4.27-€27.34 **Credit** AmEx, DC, MC, V Just down the road from Le Meridien, this upper class Arabic restaurant has deceptively low prices for the authentic Lebanese food it serves. Particularly good value is the meze. Nargilehs available.

Sidon

Saripolou 71-73 (25871614, 99626338) Open Tue-Sun 7pm-11pm, Sun 1pm- 4pm Main courses €20.50 for meze Credit AmEx, DC, MC, V

Sidon's reputation precedes it...people all over Lemesos come to taste the delicacies prepared carefully in its kitchen. Located in the old town. Nargilehs available.

Syrian Arab Friendship Club

Iliados 3 (opposite the Apollonia Beach Hotel) (25328838) **Open** Daily 12pm-11pm **Main courses** Vegetarian meze €9, Regular meze €15 **Credit** AmEx, DC, MC, V Exceptionally relaxed place where Arab expats enjoy sharing a nargileh and Arabic coffee. In summer, the garden area is open. In winter, unfortunately, inside, it's not nearly as nice.

Asian

Asiachi (Amathus)

Within the Amathus Hotel, Amathoundos Ave (25832000/www.amathus-hotels.com) **Open** Tue-Sun 8pm- 11pm **Main courses** €17.80-€36 **Credit** AmEx, DC, MC, V Oriental restaurant specialising in pan-asian cuisine originally set up in the Paphos hotel, but due to its success the Lemesos Amathus







now boasts it's own Asiachi. Phenomenal wine cellar on display as you enter, made entirely from glass and temperature-controlled with a huge selection of wines..

British

The Bay Tree Café

Kanika Enaerios Complex (25590504) Open Mon-Sat 11am-3.30pm, 6pm-late Main courses €10-€12 Credit AmEx, DC, MC, V

Traditional dishes are served at this cute and decidedly English in ambience little restaurant owned by a couple hailing from the Isle of Man. Known for their Banoffee Pie.

Café/Bar/Restaurant

Chesters

Amathus Ave, opposite Elias Beach Hotel (25635155/www.chesters-bar.com) **Open** Daily 10am - 2am (food served till 12am) **Main courses** €6.80-€36 **Credit** AmEx, DC, MC, V

The menu here is international and a la carte, specialising in smoked spare ribs and a Lebanese platter, with a variety of Lebanese flavours. It also functions as a bar with both Greek and foreign music.

Dino Art Café

Irinis 62-66 (25762030) **Open** Mon-Sat 10.30am-midnight; Sun 4pm-midnight **Main courses** €6.70-€15.21 **Credit** AmEx, DC, MC, V

A veritable artist in the kitchen, this clever and sociable chef is not only a whiz at savoury items, but a star at creating extraordinary desserts.



Draught Microbrewery

Lanitis Carob Mill Complex, Vasilissis (25820470/ www.carobmill-restaurants. com) **Open** Daily 11am - 2am (food served till 11.30pm) **Main courses** €11.44-€25 **Credit** AmEx, DC, MC, V

Why not have a swig of the local brew, munch on chicken fajitas or steak with mushroom sauce as you listen to the resident DJ churn out tracks from the 80s and 90s, and enjoy the relaxed mood. Packed on weekends.

Π

Kitiou Kyprianou 27 (25341944) **Open** Mon-Sat 10am-1am; Sun opens 4pm **Main courses** €8.50-€13 **Credit** AmEx, DC, MC, V

Lounge café that doubles up as a restaurant offering an a la carte menu of international





cuisine, pasta, cold dishes, sandwiches and a 'dish of the day'. The vibe is relaxing and pleasantly bohemian.

Chinese

Chopsticks

Archiepiskopou Makariou III (7777728) Open Daily 12pm-3pm, 6.30pm-midnight Main courses €7.90-€12.20 Credit AmEx, DC, MC, V

Part of the Pagoda group of companies, this new restaurant on Archiepiskopou Makariou III looks all the part of a chic yet enjoyable restaurant.

Nicholas Chung Restaurant

Amathountos 72, Shop 1 (25323656, 99269678) **Open** 12pm-1am **Main courses** €10.30 for set menu (8 dishes) **Credit** No



Close your eyes, enjoy your delicious food and try not to look at the somewhat downtrodden surrounds of this little shop. Dirt cheap yet fabulous authentic food in Hong Kong style.

Pagoda

Ambelakion 30, Yermasogia (25312000/www. pagodarestaurants.com) **Open** Daily 12pm-3pm, 6.30pm-midnight **Main courses** €9.40-€52.90 **Credit** AmEx, DC, MC, V

With an outstanding reputation for taste and quality (do try the duck in pancakes!), despite higher prices this Chinese restaurant is always busy. Take away service very fast. Free prawn crackers with every order.

Rice

Archiepiskopou Makariou III 115 (25773100) **Open** Daily noon-3pm, 6.30pm-11.30pm **Credit** AmEx, DC, MC, V

EMESOS



Following the great success of *China Spice* and *Bamboo* in Lefkosia, the owner's new brainchild is this sleek new eaterie that boasts a typically well thought out Chinese menu. Décor is modern with an Asian twist.

Seasons Oriental

Four Seasons Hotel, Amathountos (25858000/ www.fourseasons.com.cy) **Open** Wed-Mon 7pm-11pm **Main courses** €12-€60 **Credit** AmEx, DC, MC, V

Luxury restaurant located inside the Four Seasons Hotel. Very reasonable prices, though accompanying drinks are somewhat more.

Cypriot/Greek

Anotera

Gladstonos 5 (25354033) **Open** Tue-Sun 12pm-3.30pm, 7.30pm-11pm (Sat closed lunchtime) **Main courses** Meze meat €19, fish €23, mixed meze €19 **Credit** AmEx, DC, MC, V

Lovely, atmospheric taverna in the centre of town, complete with gardens. With a reputation for excellent food, the locals flock to this one.

Historicon

Corner St. Neophytos & Kyprianou (25377700/www.carobmill-restaurants.com) **Open** Mon-Sat 7pm-11pm **Main courses** Meze Mon-Thu €16.23/ Fri & Sat €21.36



Credit AmEx, DC, MC, V

Very romantic restaurant serving an extensive Greek meze. Reservations needed on weekends.

I Oraia Ellas

Ellados 3, Vouni (25944328) **Open** Tue-Sun 12.30pm - 3pm, 7.30pm - 10pm **Main courses** Meze €18, a la carte €5 - €12.50 **Credit** AmEx, DC, MC, V

Nestled in the pretty village of Vouni, this restaurant has a big garden with lots of flowers where you can relax before you dig in to some truly delicious homemade dishes.

Lofou Traditional Taverna

Tsindouri, Lofou Village (25470202, 99598903/www.lofou-agrovino.com) **Open** Tue-Sun 10am-10pm, Winter Sun 10am-6pm **Main courses** Meze €17.70 **Credit** AmEx, DC, MC, V

There is an air of contentment in this little stone cottage that has been turned into a restaurant, offering some of the tastiest morsels of Cypriot cooking you will ever try. In the background, Costas strums his bouzouki.

Kyprion Gevsis

Archiepiskopou Makariou III 126B (77778877) Open Daily noon-3pm, 6pm-late Main courses €17 for meze (Take away available for Lemesos area) Credit AmEx, DC, MC, V





Extensive 30-plate meze and facilities for the physically-challenged, make this restaurant stand out from the rest. Live music on the weekends too.

Meze Taverna

Agiou Andreou 209 (25367333/mezetavernacyprus.com) **Open** Mon-Sat noon-3pm, 6pm-11pm **Main courses** €15.50 for meat meze/ €20.50 for fish meze **Credit** AmEx, DC, MC, V If you've had enough of shopping and just want a leisurely break you can do no wrong here. With a 25-plate meze, an established reputation for good food, and reasonable prices, why not?

Michael's Tavern

Erimi village (25934104, 99679665/www. michaels-tavern.com) **Open** Mon-Sat 7pmmidnight **Main courses** €10 **Credit** AmEx, DC, MC, V

Sometimes you stumble across a tavern that serves good solid food in a nice atmosphere and this is one of them. Bookings essential as it's always jam-packed. Unpredictably, there's live music on occasion.

Skourouvinnos

Fidia& Plyxenis Diamanti (25720692, 99608178) **Open** Mon-Sat 6pm-midnight **Main courses** Meze €17 **Credit** MC, V This hugely popular place serves a Cypriot meze made from fresh produce that comes straight from the owner's village. Owner Yiannakis is always friendly and attentive. Don't pass on dessert: they use local products such as anari cheese, carob syrup, grapes, and walnuts. Has won the Time Out Eating Award Reader's Choice award two years in a row.

Taverna Takis

Andrea Vlami 12, Vouni (25943631) **Open** Mon-Sun noon-3pm; Fri & Sat 6pm-11pm; Sun noon-3pm **Main courses** Meze €12 **Credit** No

If you're looking for a cheap meze you can't beat this one. However, if you get the chance to try it, Takis' specialty of suckling pig is well worth it!









LEMESOS



<u>Fish</u>

Aggelos

Archiepiskopou Makariou 91 (25725333) **Open** Daily noon-3pm, 7.30pm-1am **Main courses** Fish meze $\in 20$ **Credit** AmEx, DC, MC, V This guy is too busy for his own good. His restaurant is nothing special, but the food is. And the fish meze is to die for!

Limanaki

Amathus Hotel (25832000/www.amathushotels.com) **Open** Daily (April-Oct) 8pm-11pm **Main courses** Meze €38 **Credit** AmEx, DC, MC, V

One of the most romantic restaurants in Lemesos, this fish tavern by the sea offers one of the richest mezes, with the fish fillets liter ally falling off the bones!

Ocean Basket

My Mall Lemesos (25392574) **Open** Daily noon-midnight **Main courses** €5.54- €45 **Credit** AmEx, DC, MC, V

Value for money option for fish lovers at My Mall, in Lemesos. Casual dining is the idea here where the fresh approach to fish dishes and variety of recipes are sure to win you over. Reservation recommended.

O Sotiris mas

Episkopi Village, old Lemesos-Pafos road (99499153, 25932746) **Open** Mon-Sat 6pmmidnight **Main courses** by weight €33-45/



kg depending on the fish **Credit** No Little places such as this restaurant are lovely! Choose from several different fish caught that day and pay by weight. Other traditional Cypriot dishes also available.

The Old Neighbourhood

Angyras 14 (25376082) **Open** Mon-Sat 6pm-midnight **Main courses** fresh fish by the kg **Credit** DC, MC, V

Though priced a little higher than its counterparts, locals really like this restaurant as the chefs only serve fresh catch of the day and use fresh local ingredients.

Trata Fish Tavern

Iakovou Tombazi 4 (near Debenhams Olympia) (25586600) **Open** Mon-Sat 6pm-11pm, Sun noon-4pm **Main courses** €20 for meze **Credit** AmEx, DC, MC.V No bells or whistles on this fish tavern which simply serves excellent, fresh fish. Get in early if you don't want to be sat in the midst of the stream of locals who descend on the restaurant.

Tria Alonia Taverna

Agios Tychonas village (25323913) **Open** Mon-Sat 7pm-11pm **Main courses** Meze €15.50 **Credit** AmEx, DC, MC, V

With a rustic, country feel, this old stone house oozes appeal and even seems to make the food taste better – if that's possible. Always busy – don't forget to make a reservation!



LEMESOS







French

La Maison Fleurie

Christaki Kranou 18 (25320680/www.lmfcy. com) **Open** Mon-Sat noon-3pm; 7pm-mid-night **Main courses** €22-€74 **Credit** AmEx, DC, MC, V

For the second consecutive year, this exclusive restaurant has won a 5-star Diamond award from the American Academy of Hospitality Sciences of New York. Oysters and foie gras remain firm house favourites. It is preferable to make a reservation before you go especially on weekends.

The Best Restaurants for...

Fish with a Twist Ocean Basket See p50.

Value for money Ta Piatakia See p55.

Gourmet delights Beige See p53.

Steak Columbia Steak House See p54.

Asian Flavours Asiachi See p44.

A Pub style experience Chester's See p45.

Traditional Cypriot meze Skourouvinnos See p48.

Japanese cuisine Roku See p56.

Indian

Calcutta

Georgiou A' 2, Anna Court (25322511) **Open** Mon-Sat 6.30pm - 11pm **Main courses** Meze €17 **Credit** AmEx, DC, MC, V

Although this restaurant has little in the way of theme décor, its chef does make a mean curry. Their Chicken Tikka Masala is especially tasty and very mild.

International

Aliada

Irinis 117 (25340758/www.aliada.com) **Open** Mon-Sat 8pm-11pm **Main courses** Set menu $\in 26$ **Credit** AmEx, DC, MC, V Set in a lovely old house, complete with tranquil garden this restaurant serves up such an extravaganza of food (set 4-course menu) that you will never manage to fit it all in. A pianist tinkles the ivories in the background.

Bennigans

Promachon Eleftherias 15A (25329590/ www.benniganscyprus.com) **Open** Daily 9pm-midnight **Main courses** €8-€22.85 **Credit** AmEx, DC, MC, V

A combination of American and Irish décor, this American steak house is a well-known brand internationally. Apart from the traditional food on the grill, there is a playground for children, parking, and satellite TV.

Barolo

Agiou Andreou 248 (25760767) **Open** Mon-Sat 7pm-11pm **Main courses** €14-€35 **Credit** AmEx, DC, MC, V

Glorious, creative dishes are scattered all over the menu of this particularly luxurious restaurant. A guaranteed gourmet experience.

Beige

Agiou Andreou 238 (25818860) **Open** Mon-Sat 6pm-midnight **Main courses** €35-€50 **Credit** AmEx, DC, MC, V

Top quality food made by two Michelin star chefs, with their specialty being Argentinean beef fillet. Set in a 150-year old building, there is also a roof a garden, so what are you waiting for? Four time Time Out Eating Awards winner.

Central Surf and Turf

Ellados 27 (25373760) **Open** Mon-Sun 7pm-11pm **Main courses** €10.50-€76 **Credit** AmEx, DC, MC, V Absolutely scrumptious food. Gorgeous décor, which is very private if you want it to be. Disabled access.

Columbia Steak House

Ayiou Andreou 223 (25278000) Open Mon-Sun 18.30-00.30 **Main courses** €18-€60 **Credit** AmEx, DC, MC, V

An impressive venue located inside the ultrasleek Columbia Plaza complex. It offers excellent service and the menu includes some solid starters, two imaginative soups and a large selection of steaks, classified as American or New-Zealand type. A three course meal for two with a bottle of wine costs approximately €100. By reservation only.

Imbue

Timiou Stavrou 4 (Before the entrance to the British Base of Akrotiri) (25952550/www. imbuefood.com) **Open** Tue-Sun 5pm-late **Main courses** \notin 7- \oplus 14 **Credit** No Catering largely to the vegetarian population, this restaurant of 20 years uses quorn as a meat substitute and firmly believes it tastes

La Mer

as good.

28th October (25356095) **Open** Daily 11.30am-11pm **Main courses** €13-€80

Credit AmEx, DC, MC, V

Well-renowned for its very fairly-priced fish meze and other dishes, sitting under the vines, looking over at the sea, it's a wonderful way to spend an evening out.

Mavromatis

Four Seasons Hotel, Amathountos (25858000/www.fourseasons.com.cy) Open 4 days per week 7pm-10.30pm Main courses €28-€52 Credit AmEx, DC, MC, V

This Time Out Eating Award Winner for Best Hotel Restaurant in 2008 is a sister restaurant to the very highly praised Parisian eaterie of the same name. The menu comprises gloriously simplified gourmet versions of Greek and Cypriot traditional dishes. A somewhat pricey but worthwhile dining experience.

Neon Phaliron

Gladstonos 135 (25365768/www.neonphaliron.com) **Open** Mon-Sat noon-4pm, 7pmmidnight; Sun 12pm-4pm **Main courses** €8.54-€35.62 **Credit** AmEx, DC, MC, V





LEMESOS



When you say "Let's do lunch", this is exactly the type of place you go to! Massive portions of freshly-prepared food, lounge-type cubicles, and discreet staff.

Ousia

Eirinis 30-32 & Jamiou (Castle area) **Open** Daily 10am - 1am **Credit** AmEx, DC, MC, V Café/restaurant in a charming area of Lemesos's old town. Offers delicious food and drinks throughout the day. Enjoy your brunch or choose from a wide selection of sandwiches, crepes, pastas, platters, burgers, souvlaki, as well as chicken and salmon dishes. The divine anaropita (sweet cheese pie) for dessert is a must.

Ta Piatakia

Nicodemou Mylona 7 (25745017/www.tapiatakia.com) **Open** Mon-Sat 7pm-11pm; **Main courses** €3.50-12.50 **Credit** AmEx, DC, MC, V

A visit to this divine little place decorated with plates of all sizes (the name means "little plates"), is a must during your holidays. Uses hard-to-find local produce for many of the dishes. Best Value for Money Restaurant at the 2009 Time Out Eating Awards.

TGI Fridays

28th October (25583355/www.fridays.com.cy) **Open** Daily noon-midnight **Main courses** €9-€18.50 **Credit** AmEx, DC, MC, V

Famed for its Jack Daniels sauce on grilled burgers and meats, who can blame you for not wanting more? A fun place to go to eat with friends or family.

Italian Al Pesto

Amathountos 126 (25328782) **Open** Daily 5pm-midnight; Sun noon-midnight **Main courses** €12-€29 **Credit** AmEx, DC, MC, V This restaurant at the far end of Limassol is a real find. Low prices, helpful staff, huge portions and a really relaxed atmosphere, verging on romantic if you wanted it to be.

Artima

Lanitis Carob Mill complex, Vasilissis Street (25820466) **Open** Daily 1pm-3pm & 7.30pm-11pm **Main courses** €11.12-€28.91 **Credit** AmEx, DC, MC, V

A chic eatery with an inspired mixture of flavours on the menu. Choose from a large variety of appetisers, meat and pasta dishes. Artima is ideal for business lunches but also for a relaxing breather after a hard day's sightseeing around the old town.

Caprice at Londa

Georgiou A' 72, Londa Hotel (25865555/ www.londahotel.com) **Open** Daily 12.30pm-3pm, 7.30pm-11pm **Main courses** €12.81-49.55 **Credit** AmEx, DC, MC, V

Stunning sea views and comfortable yet luxurious surrounding are to be found at this hotel restaurant where the chef is a master at his craft. On Sundays they serve BBQ platters which are fabulous value, followed in the afternoon by the resident DJ playing chill out music live by the pool.

II Gusto

Queen Elizabeth 74, Akrotiri (25952638/ www.carobmill-restaurants.com) **Open** Daily 5.30pm-11pm **Main courses** €9.85-€27.50 **Credit** AmEx, DC, MC, V

You haven't tasted pasta till you've tried Il Gusto pasta. Mouth-watering, rich and flavoursome sauces and service with a great, great, big smile.

La Boca

Agiou Andreou 223 **Open** Daily noon-11.30pm **Credit** AmEx, DC, MC, V An innovative Italian restaurant featuring a self-service menu. Located on the groundfloor and first floor of the Columbia Plaza complex, it offers an impressive selection of quality Italian prepared before your eyes at breakneck speeds. Have a chat with the chefs and ask them to cook your food to your liking.

Olivo Manzalino

Freeway Complex, opp. Elias Hotel (25636466/www.manzalino.com) **Open** Daily 6.30pm-11pm **Main courses** €11-€36 **Credit** AmEx, DC, MC, V Well worth trying the recent "Dining At Dusk" specialty: 2 and 3-course menus served between 6pm-7.30pm at a budget price.

Pizza Express

Spyrou Kyprianou 14 (25318709/www.pizzaexpress.com.cy) **Open** Daily noon-midnight **Main courses** €6-€14 **Credit** AmEx, DC, MC, V

With live music on Fridays and Saturdays, and a magician and kids' face painting on Sundays, this place is rockin' before you've even ordered your delicious pizzas, salads, pasta, or desserts.

<u>Japanese</u>

Akakiko

Louis Apollonia Beach Hotel, tourist area (25323351/www.louishotels.com) **Open** Daily 12.30pm-3pm; 7pm-11pm **Main courses** €9- €16 **Credit** AmEx, DC, MC, V Sushi isn't something you want to scrimp on, but when it's this cheap in a classy restaurant, it's hard to knock back. Try other dishes including sashimi, tempura, and teppan-style platters.

Kyoshi

Grand Hotel & Resort, Amathus Area (25634333/www.grandresort.com.cy) **Open** Wed-Mon 7.30pm-10.30pm **Main courses** €20-€108.50 **Credit** AmEx, DC, MC, V

Roku

Profiti Iliia 28, Yermasogia (70009777) **Open** Daily 7pm-11.30pm; Sun noon-3pm; 7pm-11.30pm **Main courses** €22-€30 **Credit** AmEx, DC, MC, V

Impressive new opening new Japanese restaurant boasting a suitably minimalist decor. Japanese Master chef Daizo Hashida and chef Arai Mitsuteru guarantee genuine recipes from the land of the Rising Sun.

Tokyo Teppan Yaki

Amathountos 80B, Agios Tychonas (25873333) **Open** Daily 12.30pm - midnight **Main courses** €14.30-€31.20 **Credit** AmEx, DC, MC, V

Skilled teppanyaki chefs are a joy to watch in this restaurant where the food is as good as it looks. Traditional décor provides a nice ambience.

Zen Room

Amathountos 194, Pareklissia (25812659/ www.zenroom.biz) **Open** Daily noon-midnight **Main courses** €5.70-€70 **Credit** AmEx, DC, MC, V

In this Time Out Eating Award winning restaurant the food is nothing less than divine. An open kitchen allows you to watch your food being prepared by expert chefs. Time Out Eating Award Winner in 2008 for best Japanese restaurant.

Mexican

El Pueblo

Viotoias 2, Yermasogia (25828272/www. elpueblo.com.cy) **Open** Daily noon-11pm **Main courses** €14-€18.63 **Credit** AmEx, DC, MC, V

Part of an island -wide chain of Mexican restaurants, El Pueblo prides itself on the good quality and value meals it makes. Atmospheric music, large sombreros and margaritas by the jug.

Rio Bravo

Ariadnis 5, Moutagiaka tourist area (25310362) **Open** Tue-Sun 5pm-2am (food served till midnight) **Main courses** €3.20-€23 **Credit** AmEx, DC, MC, V For one of the nicest margaritas and the fastest fajitas in town, this is the place to go. Pleasant al fresco dining area during summer months.



Larnaka

Even though the restaurant scene might not be as varied as in Lefkosia or Lemesos there's still loads to enjoy and discover in Larnaka. Fish lovers should definitely pay a visit to the fishing village of Zygi which boasts a number of great fish tavernas whereas within the town limits you can enjoy al fresco dining along the Phinikoudes strip and a good selection of international cuisine restaurants.

Where to eat

Chinese/Thai/ Japanese

Ban Thai

Pierides 6-8 Laiki Yitonia (24815012) **Open** Daily 11am - 11.30pm **Main courses** €7-€15 **Credit** AmEx, DC, MC, V

Housed in a fully renovated traditional building in the Old Quarter, this restaurant has low lighting, booths throughout the restaurant and a pleasant atmosphere. On the menu you'll find some truly delicious Thai dishes. Friendly service and a good wine list.

Feng's House

Athinon 104, on the seafront (24657176) **Open** Daily 12.30pm-midnight **Main courses** €7-€20 **Credit** AmEx, DC, MC, V A popular venue offering a varied menu of well-presented and delicious food at low prices. Can get packed so reservations are recommended.

Nippon bistrot

Gregori Afxentiou 57, Academia Centre (24657555) **Open** Mon-Sat noon-3pm (lunch) & 6.30pm-11.30pm (dinner), Sun 12.30pm-4pm (lunch) & 7pm-11.30pm (dinner) **Main courses** €10-€27.50 **Credit** AmEx, DC, MC, V

A classic Japanese restaurant with an impressive minimal decor. Features a sushi, sashimi and maki mono bar, a separate area for teppanyaki and tables for other platters. Winner of a Time Out Eating Award in 2009.

Taipei Town

Archiepiskopou Makariou III 63 (24621399) Open Mon-Sat 12.30pm-3pm, 6.30pm-11.30pm, Sun 6.30pm-11.30pm Main courses €7-€15 Credit AmEx, DC, MC, V Great value for money restaurant with excellent food at reasonable prices. A spacious venue with friendly and efficient service. Weekend reservations are highly recommended, take-away service also available.

Yu Shan

120 Stadiou (24657044) **Open** Daily 12.30pm-3.00pm & 6.00pm-11.00pm **Main courses** €8-€10 (average price: €25 per person with wine and desert) **Credit** AmEx, DC, MC, V

An established Chinese restaurant offering authentic food at reasonable prices. A pleasant venue comprising both indoor and outdoor areas. Try the set menu at $\in 25$. Take away service also available.





Nippon

Cypriot/Greek

Black Turtle

Mehmet Ali 11 (24650661) **Open** Tue-Sat 7pm-1.30am **Main courses** €7-€16 **Credit** No

A lively spot where visitors can join in with then locals dancing the night away. On Fridays and Saturdays a set meze is served and a live band performs Greek songs.

Grada

Paideias 5, Oroklini (24647122) **Open** Mon-Sat 6.30pm-11pm, Sun only for lunch **Main courses** €17 for meze **Credit** AmEx, DC, MC, V

This excellent tavern offers a 55 dish orgy of a meze (\in 17) of Cypriot dishes with a twist. List includes the quality kebab and juicy chicken, spicy pork and smoked turkey. Make sure you try the home-made prickly pears liqueur!



Koutsonikolias

Kalo Chorio Village (24361890, 99651818) Open Mon-Sat 7.30pm-11.30pm Main courses €17 for meze Credit AmEx, DC, MC, V

Housed in a village coffee-shop, this authentic tavern uses seasonal recipes from the Karpas area, such as village salad with fresh aubergines and mint, lamb and potatoes in tomato sauce, snails, lamb head and other unusual delicacies. Fish meze also available.

Kyra Georgena

William Wire (24664978) **Open** Tue- Sun 7pm-11pm **Main courses** €16 **Credit** AmEx, DC, V, MC

A gem of a restaurant frequented by locals in the know offering 40 types of seasonal meze dishes with an imaginative twist, including some hard to find dishes. A good variety of a la carte dishes also available.



Mantra

Evagora Pallikaridi, Oroklini (99640402, 99838830) **Open** Daily 12pm-midnight **Main courses** €10-€16 **Credit** AmEx, DC, MC, V.

A minimal, large area with an al fresco dining area for the summer months. Serves seasonal meze, including some mouth-watering kleftiko and grilled Cypriot delicatessen meat such as sausage, bacon and lountza. Live music every Friday and Saturday.

Militzis

Piyale Pasha Av 42 (24655867) Open

Daily 12.30pm-midnight (kitchen closes at 11.30pm) **Main courses** €9-€13.50 **Credit** AmEx, MC, V

A traditional Cypriot restaurant with a long history as it first opened in Lysi village in 1934. Stands out for its traditional platters that are cooked in a wood oven. Specialises in meat dishes such as souvla, maintaining a consistently high quality. Good service and reasonable prices. Take away service available.

To Paradosiako

Sakaria 2, Mackenzie area (24658318) Open Daily noon-11pm Main courses €8-€18 Credit AmEx, DC, MC, V



Its seaside location and tranquil atmosphere make this taverna an excellent choice for a relaxing dinner. Serves both meat meze (€14.50) and fish meze (€16.60), as well as well-prepared a la carte options at reasonable prices.

Voreas

Agiou Demetriou 3, Oroklini (24647177) Open Mon-Sat 7pm-12am, Sun 12pm-12am **Main courses** €17.50 for meze **Credit** AmEx, DC, MC, V

Award-winning traditional taverna with an excellent meat meze (€16.24) comprising approximately 30 platters. Includes some memorable and well-cooked lamb chops, a great lamb souvlaki, and village bread with olive oil and artichoke. Definitely a must-try!

<u>Fish</u>

Captain's Table

Gregori Afxentiou 48, Zygi (24333737) **Open** Daily 12pm-11pm **Main courses** €25 for meze **Credit** AmEx, DC, MC, V An upscale venue located right next to the old dock, offering great sea views. Menu features fresh and imported fish, as well as speciality dishes such as steak and venison. Reservations are recommended at weekends.









Ladas Fish Tavern

Zygi-Larnaka coastal road (24817300, 99681261) **Open** Daily 11am-midnight **Main courses** €8-€20 **Credit** AmEx, DC, MC, V This well-known and established fish tavern has relocated to a new building with a different style. Enjoy your meal on the outside terrace which has a great sea view. Offers excellent fish meze.

Loizos Koubaris Fish Tavern

Gregori Afxentiou 34, Zygi (24332450) Open Daily 11am-11pm Main courses €8-€20 Credit AmEx, DC, MC, V

An unpretentious fish tavern located next to the sea with large open areas and a small children's playground. One of the best in the village offering good quality fish meze, with large portions at reasonable prices. Reservations recommended particularly at weekends.

Santa Elena

Apostolou Varnava 4, Zygi (24332203) Open Daily 11am-midnight Main courses €7-€17 Credit AmEx, DC, MC, V



Housed in a restored Turkish warehouse complex opposite the village church, it offers both interior and outdoor dining areas. Serves some fine meze and fresh catch of the day at reasonable prices. Mention *Time Out* and enjoy some free Cypriot sweets for dessert!

Varoshiotis Sea Food

Piyale Pasha 7 (70003536) **Open** Daily 12pm-midnight **Main courses** €10-€25 **Credit** AmEx, DC, MC, V

Located in the old Turkish quarter right on the sea. Nominated for a Time Out Eating Award in 2008, Varosiotis serves a full fish meze. There's an a la carte menu too and you'll find the service very professional. Reservations highly recommended.

Zefyros

Piyale Pasha 37 (24657198) **Open** Tue-Sun 12pm-4pm, 6pm-11.30pm **Main courses** €7-€16.50 **Credit** AmEx, DC, MC, V Located right next to the small harbour, where you can see fishermen returning with their catches daily. Serves a simple yet sub-



stantial fish meze with a few unusual dishes. The fresh calamari and red mullet are among the most popular. Also offers some meat dishes.

French

French Rendezvous

Dhekelia Road (24644532) **Open** Wed-Mon, 6pm-11.30pm **Main courses** €6-€23 **Credit** AmEx, DC, MC, V

Its menu offers a selection of good authentic French food. The décor is decidedly over the top, but the food makes it worth visiting.

Krateon

21, Kimonos & Ag. Spyridonos (24622062, 99625117) **Open** Tue-Sun 7.30pm-midnight **Main courses** €13-€25 **Credit** AmEx, DC, MC, V

The Best Restaurants for...

Gourmet Delights Cru See p64.

For fish meze Santa Elena See p62.

Unforgettable Cypriot cuisine Grada See p59.

Japanese Nippon See p58.

Seaside dining Galu See p64.

Value for money Momo Fusion Canteen See p66.

Housed in one of the most beautiful stone-walled buildings in town, this charming restaurant offers fine Irish steak and fish dishes.

Indian

Masalas

Ithakis 10, Dhekelia Road (24644950) **Open** Mon-Sat, 6pm-11.30pm **Main courses** $\in 10-\in 25$ **Credit** AmEx, DC, MC, V An Indian restaurant with a décor that has a certain oriental feel to it. Its menu separates main courses into fish, chicken, lamb and vegetarian. Offers an impressively wide selection of aromatic, spicy dishes with a variety of ingredients.

Moti Mahal

Phinikoudes Promenade, Athinon street 52 (70004484) **Open** Daily 9am-2am **Main courses** €9-€15 **Credit** AmEx, DC, MC, V Offers tasty Asian fusion dishes, various curries and a good selection of ice-cream and desserts. Its menu includes breakfast, lunch and dinner options. Ethnic décor, while all furniture bears price tags and can be purchased by visitors. Belly dancer occasionally makes appearances. Reservations recommended.

International

1900 Art Café

Stasinou 6 (24653027) **Open** Daily 6pm - 1am **Main courses** €7-€15 **Credit** MC, V

An artsy place, as its name may indicate, with walls filled with paintings. The atmosphere is decidedly cosy with wooden floors and a fireplace. Great choice for a nice dinner with adult company or even for a date!



Bailey Irish Pub & Restaurant (The)

Athinon 36, Phinikoudes (70004474) Open Daily 8am-2am (kitchen closes at midnight) Main courses €9.40-€26 Credit AmEx, DC, MC, V

Irish café-pub with Greek and English music. Offers international cuisine with a wide selection of tasty dishes. Live DJ every Friday, Saturday and Sunday.

Brewery (The)

Athinon 77, Phinikoudes (70004454) Open Daily 8am-2am (kitchen closes at midnight) Main courses €8-€20 Credit AmEx, DC, MC, V

A lively and popular bar-restaurant with an extensive menu offering international dishes and light meals. A good variety of beer is on offer – try and book the two tables offering self service draft beer. Part of an island wide chain.

Cambanella's Steak Restaurant

Ithakis (opposite the Palm Beach Hotel, Dhekelia Road) (24647877) **Open** Daily 6pm-11pm **Main courses** €10-€24 **Credit** AmEx, DC, MC, V

An authentic Italian steak house with excellent menu and good quality ingredients. The fresh Argentinean grilled steak is highly recommended.

Campanario Steak House

Nikodimou Mylona 10 (24626110) **Open** Mon-Sat 6.30pm-11pm **Main courses** \in 13- \in 19 **Credit** AmEx, DC, MC, V Ideal for meat fanatics, with an excellent selection of platters and a good wine list. Housed in a renovated traditional house with outdoor dining in its walled garden area during the summer months. Reservations recommended.



City Bistro

Armenian Church Road (24654545) **Open** Mon 12pm-4pm, Tue-Sat 12pm-midnight, Sun 5pm-midnight **Main courses** €11-€20 **Credit** AmEx, DC, MC, V This venue offers freshly prepared food all day long in a relaxing environment. The food is satisfactory with strong flavours. Efficient service and reasonable prices. Every Sunday

Cru

live music.

Grigori Afxentiou (24627000)

Open Daily 9am-12am. **Credit** AmEx, DC, MC, V

This 'sibling' of the well established Nippon Bistrot, serves refined international cuisine with a Mediterranean flair. Great combination of flavours on the menu and attentive service.

Cuckoo's Nest

Piyale Pasha 10 (24628133) **Open** Daily 4pm-10.30pm **Main courses** €3-€12 **Credit** AmEx, DC, MC, V

This pub/restaurant offers extremely generous portions at very low prices. Located next to the Fort, this is a popular spot, so reservations are recommended. An excellent choice for dining on a budget.

Galu

Mesopotamias 34, Oroklini (24824100) Open Daily 10am-2am Credit AmEx, DC, MC, V

Located right on Oroklini beach this multifunctional venue has a decidedly island atmosphere. Offers creative Greek cuisine and a satisfactory wine list. Try the lamb kotsi with potato puree and grilled vegetables.





Hobo's Steak House

Phinikoudes Promenade 14 (24652584) Open Mon-Sat 4pm-midnight, Sun 11ammidnight Main courses €9-€25 Credit AmEx, DC, MC, V

Its menu offers a good selection of steak special cuts, as well as flambé steaks. Housed on the first floor, above a separately-owned café/ bar. A popular venue that can get packed every day so reservations are recommended.

La Veranda

Samou 8, Dhekelia Road, opposite the Golden Bay Hotel (24646777) **Open** Daily 1pm-midnight **Main courses** €10-€25 **Credit** AmEx, DC, MC, V

An elegant venue located on the seafront hotel strip, offering outdoor dining. For a starter try the Caesar's salad and for your main course we recommend the steak Diane.

Momo Fusion Canteen

Gregori Afxentiou 35 (70004464) **Open** Daily 10am-1am **Main courses** €7-€20 **Credit** AmEx, DC, MC, V A popular venue with a casual and relaxing atmosphere. The menu includes traditional, ethnic, Oriental and Mediterranean flavours as well as a Healthy Section with nutritional information on each dish. There's a large open plan kitchen at the centre of the restaurant, while its outdoor deck is ideal for dining under the stars.

The Olive Mill

Skarinou Village (24322597) **Open** Tue-Sat 6.30pm-11.30pm, Sun 12pm-4.30pm **Main courses** €20-€25 **Credit** AmEx, DC, MC, V Under new management, this restaurant offers exceptional food at reasonable prices. Its menu includes a variety of starters and meat or fish main courses. Reservations essential.

TGI Fridays

Phinikoudes Promenade 98 (24816666) **Open** Sun-Mon-Fri 12pm-midnight **Main courses** €8.50-€25 **Credit** AmEx, DC, MC, V Part of the successful American chain, this restaurant offers great views and the well worn TGI Fridays décor. Serves consistently good food, great cocktails in huge glasses and delicious desserts.

Tuck Inn

Phinikoudes Promenade (24623133) Open Daily 8am-3am Main courses €4-€10 Credit No

A varied menu including a good selection of local, international and Asian cuisine. Great for dining on a budget.

The Tudor Inn

Lala Mustafa Pasa 28A (24625608) **Open** Tue-Sat 7pm-11.30pm **Main courses** €10-€30 **Credit** AmEx, DC, MC, V A carnivore's heaven, this venue offers an abundance of meat dishes including some solid steak and a good selection of desserts. Try the Baked Alaska.

Finnigan's Bar and Restaurant

Peloponissou 1, K-MAX Bowling centre (77778393) **Open** Mon-Fri 6pm-1am, Sat 5pm-1am, Sun 12pm-1am **Main courses** €8-€19 **Credit** AmEx, DC, MC, V

An Irish restaurant-bar with elegant décor of Victorian and Celtic influences. Serves international cuisine and a good selection of wine labels.

Italian

Cento Venti

Stadiou 120 (24654120) **Open** Daily 8ammidnight **Main courses** €10-€30 **Credit** AmEx, DC, MC, V

A solid Italian restaurant offering an extensive selection of dishes and superior wine list. Excellent service.

Italia Spaghetteria

Stylianou Lena 50-51, Academia Centre (24629450) **Open** Mon-Sun 12pm-3pm, 6pm-11pm except Sunday lunchtime **Main courses** €7-€16 **Credit** AmEx, DC, MC, V. With an authentic Italian atmosphere and extensive menu, which includes authentic Italian desserts and cheese, as well as a good selection of wine labels.

Marzano

Archiepiskopou Makariou III & Kalogreon 4 (24657000) **Open** Daily 12pm-12am **Main courses** €6.70-€24 **Credit** AmEx, DC, MC, V

This Italian restaurant stands out from the rest of its kind, even the other Marzano chain outlets in other towns on the island. Its living room becomes strictly 'no smoking' on Sundays. From there diners face the bar and the open kitchen where chefs can be seen preparing its tasty dishes. Reservations recommended.



Napoli Pizza

Gregori Afxentiou (70007797) **Open** Daily 4.30pm-11pm **Main courses** €11-€20 **Credit** AmEx, DC, MC, V The best place to grab some fine pizza in Larnaka. Its menu offers a great selection of the usual and more unusual pizza toppings.

<u>Spanish</u>

Miguels la Tapas

Stasinou 51 (24665844) **Open** Daily noon-11pm **Main courses** €8-€20 **Credit** AmEx, DC, MC, V

Specialises in Spanish tapas to the sounds of authentic Spanish music. You can also try the Portuguese meze dishes to go with your sangria.

<u>Mexican</u>

Aztecas

Kantaras 10, Dhekelia Road, Pyla (24647002) **Open** Mon-Sat 6pm-12am, Sun 12pm-12am **Main courses** €8-€17 **Credit** AmEx, DC, MC, V

An imposing Mexican-influenced décor, with stone-walls and authentic atmosphere. Menu includes all the favourites such as entradas, enchiladas, grills and desserts.

Pafos

The large number of British expats and visiting tourists from all around the world has helped give the Pafos restaurant scene a push forward in recent years. The result has been a steadily burgeoning restaurant scene that offers small hidden treasures. A visit to the taverna haven of Kathikas village is a must, as is the short drive up to the fishing village of Latchi where only the freshest catch of the day is served up all year round.

Where to eat

Chinese

Chloe's No1

Poseidonos 13, Kato Pafos (26934676) Open Mon-Sat noon-3pm, 6pm-11pm (kitchen closes at 11pm); Sunday evenings only Main courses €8.45-€14.50 Credit AmEx, DC, MC, V

On the newly upgraded seafront promenade this restaurant is well known for its authentic décor. The extensive wine list complements a solid menu with something for every palate. Popular with Cypriots, always a good sign.

Imperial

Poseidonos 18, Kato Pafos (26954010) **Open** Daily 6pm - 11pm **Main courses** €8-€35 **Credit** AmEx, DC, MC, V Often full to brimming, this family owned and run restaurant is a popular choice with the locals. It's advisable to book ahead, and order sauces without sugar, as it's often added to suit the Cypriot palate. The food is enjoyable as is the atmosphere. Try the beef with spring onions, the establishment's most popular dish.

Jade Palace

Laxeion 24, Coral Bay (26621829) **Open** Mon-Sun 12pm-11pm **Main Courses** $\in 8$ - $\in 17$ **Credit** AmEx, DC, MC, V Family owned and run, Jade Palace has been open for just over two years and the food is magnificent. The extensive wine list ranges from local to new world wines. Try the chili beef, or the Chef's almond chicken. Delicious.

Phuket

Tombs of the Kings Road 44, Kato Pafos (26936738) **Open** Daily 6.30pm -11.30pm **Main courses** €8-€12 **Credit** AmEx, DC, MC, V

A fusion of Chinese and Tai cuisine, Phuket has been around for many years. Constantly updated, it remains one of the long enduring establishments in Pafos. Popular with the British ex pat community, the food is good and the seafood dishes are worth a try.





Pagoda

Poseidonos 85, Kato Pafos (26813232) **Open** Daily noon-3pm, 5pm-12pm **Main courses** €9.55-€16.23 **Credit** AmEx, DC, MC, V Situated behind the Limnaria complex in Kato Pafos, this restaurant is always busy. A favourite with residents and repeat overseas customers, the Pagoda Pafos caters for everyone and families with children are made especially welcome. The food and the service are good. Try the sea bass in black bean sauce.

<u>Cypriot/ Greek</u>

Ano Kato Soures

Cleious 6, Kato Pafos (26960063) **Open** Summer Daily 6pm-11pm Winter Fri& Sat 8pm-2am **Main courses** \in 11.10- \in 22 (\in 19 for meze) **Credit** AmEx, DC, MC, V Cypriot taverna with a modern creative twist to it. Meze is recommended, although an a la carte menu is also available. Cypriot and Greek wines make the perfect accompaniment. Live music on Fridays and Saturdays.

Araouzos Taverna

Georgiou Kleanthous 17, Kathikas village (26632076/ 99186496) **Open** Daily 12.30am-11.30pm **Main courses** €5.50-€10.95 (€14.75 for regular meze/ €7.50 light mini meze/ Sunday buffet for €10.95) **Credit** AmEx, DC, MC, V

A popular eatery serving excellent Cypriot food. As with other establishments in Kathikas, the building has been beautifully restored. Traditional tools and artifacts decorate the stone interior. The dishes are flavoursome and satisfying.



Fettas

Ioannis Agrotis 33 (26937822, 99586099) **Open** Mon-Sat 6.30pm-11pm **Main courses** €8.60-€16.30 **Credit** AmEx, DC, MC, V

A traditional Cypriot experience with simple dishes. The 20-meze dishes keep coming, so take it 'siga siga,' (slowly, slowly). Chose from ribs, pork in wine, liver; the list goes on, and it's all delicious. The family produced wine is a must.

Imogen's Inn

Georgiou Kleanthous, Kathikas village (26632954) **Open** March to November Daily 10.30-3pm, 6-30pm - 12am, Wed Closed **Main courses** €7-€13 **Credit** AmEx, DC, MC, V

The food is good and the menu is interesting. Dishes are value for money and popular with locals and repeat visitors. The service is friendly and the garden is beautiful. Touches of Cyprus' history are apparent on the menu.

The Konia Tavern

Konia Village (opposite the main church) (99622705, 99864807) **Open** Mon-Sat 7pm-12pm **Main courses** €14.50 for meze **Credit** No

A simple taverna serving fresh, seasonal food. Very busy during the summer months, so it's best to book.

Kyniras

Archiepiskopou Makariou III 91 (26941604) Open Daily 8am-11pm Main courses €7.60-€30 Credit AmEx, MC, V One of the oldest family run hotel-restaurants in Pafos, and in the heart of Ktima-the old town. Proprietor, George, is a prolific artist,





Risto La Plazza

Asiachi. See p76

La Place Royale . See p76

and each room is decorated with his works of art. The courtyard garden is an oasis of beauty and charm, and the food is delicious and plentiful. Traditional dishes sit happily alongside George's creations. The service is friendly and the experience is satisfying.

Laona

6 Votsi street, Ktima, Pafos (26937121) Open Daily 8am-4pm Main courses

€6.83-€8.54 Credit AmEx, DC, MC, V This is a little gem. Found in a side street in the heart of the old town, Laona is all about the food. Authentic traditional dishes are lovingly created and the welcome is warm. Sit in the shade at an outside table and soak up Cyprus.

Mandra Tavern

Dionysou 4, Kato Pafos (26934129) Open Daily 6pm-11pm, Fri/Sat 6pm-late at night Main courses €12.50-€25 Credit AmEx, DC, MC, V

A well-established taverna, which consistently delivers good quality food. Excellent meat meze and other meat dishes such as souvla and kleftiko. A popular destination with visitors to the island. Live music on Friday and Saturday.

Melitzia Tavern

Griva Digeni 4, Tala village (26652979) Open 4pm-11pm Mon-Sat, Sun Closed Main courses €9.98-€13.00 for meze (special set menus available at lunch) Credit MC, V

A popular taverna set in the heart of Tala village with commanding views across Pafos and down to the Med. Owner Savvas is the host whilst his wife Maria cooks. A favourite with British ex pats the meze is good value for money and the kleftico, stifado, rabbit and seabream are excellent choices. A bottle of local wine goes down well, and as Melitzia has such a good reputation, it's best to book ahead.

Mylos Restaurant

Pano Gialia (2km along the Gialia- Stavrou road coming back from Pomos towards Polis) (26342676, 99612368) Open Daily 11am-late at night **Main courses** €6.90-€17 Credit Cash only

A well kept secret off the beaten track, Mylos is a place to enjoy the real Cyprus. Sit on the verandah and breathe in the scent of wild herbs and admire the scenery. The family

owned restaurant serves excellent traditional dishes including delicious sheftalia. A visit here is a must.

The Old Town

Gregoriade Kyproleonta 9, Polis (26322758, 99632781) **Open** Mon-Sat 7pm-11pm **Main courses** €14-€20 **Credit** AmEx, DC, MC, V Absolutely fabulous food and summer dining in the secluded restaurant garden, with good local wines – a definite value for money choice. The Chef's appreciation of good seasonal food makes it difficult to single out any particular dish.

Petradaki Tavern

Kato Vrisi 45, Kathikas village (26814191) Open Daily noon-3pm, 6pm-10pm Main Courses €8-€17 Credit AmEx, DC, MC, V Superb Cypriot and International dishes in what is described by locals as a very good restaurant. Wedding receptions, private parties and a Sunday lunch buffet, this family run restaurant has it all. Booking is advised.

Viklari Observation Point

Akamas (99489000, 26 991088) **Open** summer only **Main courses** €16 for meze **Credit** No Breathtaking sea views await you, as Viklari sits high on a hill in Akamas. Stop here for lunch when exploring the peninsula, and take in the stunning beauty of the area. The family run taverna has a basic menu of chicken or meat souvla, kebabs, salad, potatoes and bread. The décor is unique and the food is good.

Yiannis

Georgiou Kleanthous 11, Kathikas village (26633353) **Open** Fri-Wed 10am-3pm, 6pm-10pm **Main courses** €16 for meze **Credit** AmEx, DC, MC,V

A beautifully restored stone taverna, serving traditional dishes and international cuisine. Sit inside by the fire in winter or outside under shade in warmer months. The food is consistently good and Yiannis gives a warm welcome. Time Out Eating Award Winner in 2009 for best taverna.

Yiorgos Taverna

Vasilika 1, Anavargos village (26941379) Open Mon-Sat 6pm-close Main courses €6- €8.50 (€14 for the special meze) Credit No.

This traditional taverna has been in the village for many years and used to belong to the current owner's brother. The menu is short and succinct and the food basic but tasty. Try the special Cyprus meze, 30 dishes will keep



you busy. George is a character and enjoys parading his collection of hats. Popular with residents and visitors of all ages, this is an enjoyable night out and value for money.

<u>Fish</u>

Kanali

Pomos Harbour (26342191) **Open** Daily 9.30am -11pm **Main courses** No prices given **Credit** Amex, DC, MC, V

A 35-minute drive from Pafos on the B7, but well worth it. With views across the small recently upgraded harbour the basic family run restaurant serves good traditional food with a smile. Try the octopus or the fish meze.

Ocean Basket

Avanti Holiday Village Piazza, Kato Pafos (26961379) **Open** Mon-Thu noon-9.30pm, Fri noon-10.30pm, Sun noon-9.30pm **Main courses** €7.50- €16.00 **Credit** AmEx, DC, MC, V

Ocean Basket is a South African chain of seafood restaurants and there are now two restaurants on the island (the other one is at the My Mall in Lemesos). Offers value for money choices in a friendly atmosphere. Dishes from the sushi bar and all sorts of mouthwatering fish and shellfish dishes are available. Try the platter for 2 at €25 which includes mussells, Prince prawns, linefish, calamari and chips.

Psaropoulos

Polis-Latchi Road (26321989) **Open** Daily 11am-10pm **Credit** AmEx, DC, MC, V

Relax and enjoy the fresh fish and stunning views. The fish dishes are on the expensive side, but worth it. Meat dishes are also available, but it's predominantly a fish Tavern. The service is good too.




Saint George

Just off St George Road (26621306) **Open** Daily 9am-10pm, Winter 8.30am- 6pm **Main courses** €10-€19 **Credit** AmEx, DC, MC, V

Overlooking the bay perched on a hilltop this restaurant has one of the best views in town. The service can be on the slow side, but the fish, which you may choose yourself, is excellent. The calamari and chips are a popular choice and locals frequent the restaurant, which is always a good sign.

Yiangos and Peter Taverna

Akamantos ave. Latchi (26321411) **Open** Daily 8.30am - 11pm **Main courses** €11.96-€41 **Credit** AmEx, DC, MC, V

Try the snapper or sea bass in this family orientated restaurant. Not all of the fish is fresh, but quality standards are high. Eat outside and watch the sunset, but be sure to order side dishes, as fish and meat are served solo.

Indian

Bombay Brasserie

Poseidonos 65, Kato Pafos (26964083/4) Open Daily 5.30pm-11.30pm Main courses €11.87-€18.11 Credit AmEx, DC, MC, V One of the best Indian Restaurants in Pafos, which serves authentic food. Aromatic Indian spices are blended to perfection to ensure all the dishes will tantalise. If you like it hot, try the chicken vindaloo. Round it all off with an excellent mouthwatering dessert. If you enjoy Indian food, this is the place to go.

Keralam South Indian Restaurant

Aristo complex, Coral Bay (26622877) **Open** Daily 6.30pm - 11.30pm Sun 12.30pm -4.30pm **Main courses** €6.20 - €20.60 **Credit** AmEx, DC, MC, V Interesting flavours of Kerala are used in cooking at this popular restaurant. The dishes provide satisfaction for every palate; try the Uru-



lai Kazhangu, Meen Curry and Kerala Parotta. The authentic South Indian cuisine comes complete with Thali served on a copper dish.

Koh-i-Noor

Cleous 7, Kato Pafos (26964083-4) **Open** Tue-Sun 6.30pm-10.30pm **Main courses** €11.36-€18.11 **Credit** AmEx, DC, MC, V Tasty Northern Indian cuisine is served at this family owned and run restaurant, and it's a favourite of the locals. The menu is extensive and the wine list well chosen. The service is friendly and the décor is simple and elegant.

Poppadums

Coastal road, Chlorakas (26949435) **Open** Mon-Sat 6pm-11.30 (opens in July) **Main courses** €10- €18 **Credit** AmEx, DC, MC, V The sister restaurant to the Koh-i-Noor, the service is good and the menu varied. Tandoori dishes are their specialty and there's a kids' play area so the adults can savour the experience.

<u>Italian</u>

Cavallini

Poseidonos 65 (26964164) **Open** Daily 6.30-10.30pm **Main courses** €11.60-€22.50 **Credit** AmEx, DC, MC, V

Book in advance as this established eatery is a popular choice. The food is always good as is the attentive service. None of the dishes will disappoint.

Fat Mama's

Tombs of the Kings Road 47 (26949619) **Open** Daily 5pm-10.30pm, closed in winter. **Main courses** €10-€20 **Credit** AmEx, DC, MC, V In the summer crowds queue outside this popular fun eatery, offering large portions of Italian American food served by singing waitresses. This is a great place for kids and they can colour in the children's menu and take it home. Friendly staff and a winning formula have secured this themed restaurant a welldeserved name as the 'buzziest' place in town. They have also dropped their prices in response to the credit crunch. Try the steak or the ribs, good value for money.

Grazie

Corner of Anastasias 3-5 & Theoskepastis (26964164) **Open** Daily 6pm-11pm **Main courses** €5-€42 **Credit** AmEx, DC, MC, V Found in the heart of Kato Pafos, the seafood and steaks are a popular choice. The Italian pastas are flavoursome and the ambience relaxing.

II Classico

Nikou Georgiou 13 (26939777) **Open** Mon-Sat 7pm-11pm **Main courses** €8.57-€19 **Credit** AmEx, DC, MC, V An excellent fine dining family owned and run restaurant offering Italian cuisine with a touch of the Mediteraenean. The Gastronomic delights are to be savoured and the tastes, flavours, presentation and service are all of the highest standard. This gourmet experience is highly recommended.

La Sardegna Da Gino

Apostolou Pavlou 70, Kato Pafos (26933399) **Open** Wed-Mon 6pm-11pm. **Credit** AmEx, DC, MC, V

A simple cosy little place with tablecloths matching the colour of the Italian flag. The specially imported wood fire oven produces scrumptious authentic pizzas and the menu also boasts salads, pasta dishes and starters prepared with fresh and aromatic Mediterranean ingredients.

Risto la Piazza

Alkminis 11-12, Kato Pafos (26819921) **Open** Daily noon-3pm, 6pm-12pm **Main courses** €8.50-€51 **Credit** AmEx, DC, MC, V

The menu is authentic Italian and knowledgeable waiting staff are happy to advise. Steak and pastas are very popular and the wine list is excellent, which explains why Risto la Piazza has been awarded the Time Out Eating Award for best wine cellar three years in a row. Book ahead.

Sienna

Panareti 3, Chloraka (26931505) **Open** Daily 6pm-11pm **Main courses** €11.11-€28 **Credit** AmEx DC, MC, V

A popular choice with locals and families and junior portions are available. Consistently good food and value for money. The staff are friendly and helpful and the puddings fantastic.

Vasiliko

Anassa Hotel, Poli Chrysochous (26888000) Open 7.30pm-10pm Main courses €36-€128 **Credit** AmEx, DC, MC, V Tiny romantic restaurant within the grounds of the Anassa hotel which seats just 24 people. Serves exceptional Italian cuisine which explains why it's slightly pricey.

International

Bacco

Elysium Hotel, Vasilissis Verenikis, Kato Pafos (2684444) **Open** Mon-Sat 7.30pm-10.30pm **Main courses** €41 (with starter) - €71(with starter, middle, main, desert) **Credit** AmEx, DC, MC, V

Bacco is on the more expensive end of the scale, but worth the indulgence. Popular with Cypriots, the food is well presented and delicious. The ingredients are fresh and the service is excellent.

Brasserie Ifaistos

Intercontinental Hotel, Pafos (26829000) Open April-November Daily noon-4.30pm Main courses €9-€25 Credit AmEx, DC, MC, V

This poolside brasserie serves snacks and meals with an Italian - Mediterranean flavour. Smart or casual attire won't make you feel out of place.

Gina's Place

Agiou Antoniou 3 (26938017) **Open** Mon-Sat 9am-6pm, Sun 12pm-6pm. **Main courses** €6-€14. **Credit** AmEx, DC, MC, V. Banoffie pie and cappuccino or chocolate cake and tea? Or pretty much anything else. It's a favourite among the more mature locals, both Greek and expat for its value for money salads, gourmet sandwiches and general delicatessen-y atmosphere. Reservations recommended.



La Place Royale

Poseidonos 1 (26933995) **Open** Daily 9ammidnight **Main courses** €4-€15 **Credit** AmEx, DC, MC, V

Everyone is made welcome here and the menu caters for all appetites. From light snacks to full meals, this central location is a good place to refuel and enjoy the atmosphere.

Luna Rosa

Amathus Hotel (26883300) **Open** Daily 7.30pm-10pm **Main courses** buffet €34 **Credit** AmEx, DC, MC, V

An exclusive restaurant serving a gourmet buffet dinner. A table d'hôte menu is also available. The menu changes regularly – try a variety of dishes from Greek, Cypriot, Italian, French, Oriental and other cuisines.

Notios

Almyra Hotel, Pafos (26888700) **Open** April- October Daily 12.30pm-3.30pm, 7pm-10.30pm **Main courses** €21.50-€30 **Credit** AmEx, DC, MC, V

A superb restaurant combining Mediterranean and Eastern flavours with well thought out dishes to choose from. An excellent experience.

Olivetto

Tombs of the Kings 96 (26220099) **Open** Daily 6pm-11pm **Main courses** €11.50-€29.25 **Credit** AmEx, DC, MC, V Stone grill dining will keep you entertained in this modern restaurant. The staff is well trained and the puddings are excellent.

Tweedie's

Kissonerga (99126590) **Open** Thu-Mon 6pm-10.30pm **Main courses** €12-€22 **Credit** No

The menu and wine list are short but well thought out. This is a popular venue for locals with a pleasing atmosphere, where food is well presented and flavoursome.

Zaffron

Tombs of the Kings 110, Kings Gardens, (26933026) **Open** Mon-Sat 6.30pm-close (open for lunch in summer) **Main courses** €11-€20 **Credit** AmEx, DC, MC, V

This popular eatery has just reopened after spending two years as a wedding venue. Pleasing modern Mediterranean flavours compliment a well thought out wine list and the cocktails are perfection. Try owner and chef Budges' duck breast, topped off with death by chocolate. Heaven.



<u>Japanese</u>

Asiachi

Poseidonos, Amathus Hotel (26883300) Open Daily 7pm-10pm Main courses €17.60-€75 Credit AmEx, DC, MC, V This restaurant is found inside the Amathus hotel. Modern clean lines compliment the high quality dishes, and the service is attentive. Worth a visit.

Asian Corner

Village Square, Aphrodite Hills (26828043) Open Daily 6pm-midnight, Wed closed Main courses €15.17-€28.20 Credit AmEx, DC, MC, V

The Best Restaurants for...

Leisurely lunches Viklari Observation Point See p71.

Wine Lovers Risto La Piazza See p75.

For fish lovers Yiangos and Peter Taverna See p73.

Romantic Dinners Vasiliko See p75.

Delicatessen Delights Gina's Place See p75.

Traditional Cypriot meze Yiannis See p71 **& The Old Town** See p71.

Value for Money La Sardena da Gino See p75.

Offering a fusion of Japanese sushi and Chinese cuisine, fresh ingredients get the taste buds working. Japanese sushi and sashimi are served alongside Chinese and Thai dishes. Excellent service, delectable food and great ambience. Highly recommended.

Oriental Sushi Bar

Elysium Hotel, Vasilissis Verenikis, Kato Pafos (26844444) **Open** 6 days per week 7pm-10pm **Main courses** €15.38-€23.92 **Credit** AmEx, DC, MC, V

Inside the five star Elysium hotel, sushi and sashimi delights will make you return again and again. Popular with those in the know, this experience must not be missed.

Yukoso

Tombs of the Kings, Royal Complex (26910364) Open Mon-Sat 6pm-11pm Main courses €13.50- €42 Credit AmEx, DC, MC, V The first authentic Japanese Teppanyaki restaurant in Pafos. Oriental staff and a carefully thought out décor make the experience all the more authentic. Choose the ingredients and watch the chef create your meal. Attentive staff and a good wine list.

Mediterranean

Artio Brasserie

Pyramou 6 (off Tombs of the Kings road) (26942800) **Open** Mon-Sat 6.30pm-11pm **Main courses** €20-€35 **Credit** AmEx, DC, MC, V

The garden, which is in use in the summer months, is divine, as is the food. This is a topnotch restaurant and Artio is a popular choice with both regular diners and wedding parties. Expect to see well-dressed Cypriots and overseas visitors savoring the experience. Sip an aperitif before making the difficult decision of which sumptuous dish to enjoy.

Mesogios

Intercontinental Hotel, Aphrodite Hills (26829639) **Open** Daily 7pm-11pm **Main courses** €12-€30 **Credit** AmEx, DC, MC, V

Excellent quality, mouth-watering Mediterranean dishes, superb wines, impressive décor, and stunning views of the sea. It's hard to find fault.

The Old Town

Georgiade Kyproleonta 9, Polis (26322758, 99632781) **Open** Thu-Tue 6pm-11pm **Main courses** €14-€26 **Credit** AmEx, DC, MC, V

Absolutely fabulous food and summer dining in the secluded restaurant garden, with good local wines – a definite value for money choice. The Chef's appreciation of good seasonal food makes it difficult to single out any particular dish.

<u>Mexican</u>

Poco Loco

Aliathon Complex, Thea Aphrodite (Opposite the Athena Beach Hotel), Kato Pafos (26961156) **Open** Mon-Sun 6pm -11pm **Credit** AmEx, DC, MC, V

The décor is just what you'd expect from a Mexican restaurant and the portions are large. The food is good, try it with a Mexican beer, but remember to leave room for dessert, and a shot of Tequila.



Ammochostos district

Even though the tourist resorts of Agia Napa and Protaras play host to the inevitable fast food chains there is now an ever-increasing amount of restaurants offering high quality cuisine and a fantastic dining experience. Be sure to drive out to Sotira village, which is fast becoming the area's culinary hub and boasts some great tavernas.

Where to eat

<u>American</u>

American Diner

Ayias Mavris 12, Agia Napa (99225661) Open 12pm - late Main courses €6.50-€29.95 Credit AmEx, DC, MC, V Pretty much the same deal as TGI Fridays here –even down to the Jack Daniels' Sauce– with 8oz burgers, 10oz steaks, and ribs on the menu. For the extremely hungry the "Route 66 Combo" has a bit of everything and comes out on a tray about the size of a garbage bin lid!

Chinese/Thai/ Japanese/Fusion

Dragon

Archiepiskopou Makariou III, Agia Napa (23723823) **Open** Daily 4pm-midnight **Main courses** €6-€19 **Credit** AmEx, DC, MC, V Right near the traffic lights of Agia Napa, this busy Chinese restaurant offers all the dishes you have come to love. Very busy on weekends so reserve or get there early.

Hokkaido

Agias Mavris 35, Agia Napa (23721505/ www.hokkaidoca.com) **Open** Daily 5.30pm-11pm **Main courses** €12-€34 **Credit** AmEx, DC, MC, V

Utterly superb Japanese restaurant with talented chefs manning the hotplates to produce divine concoctions. Sister restaurant in the centre offers a similar thing. Kid's portions (at half the price) also available.

Sushi La

Agias Mavris 8, Agia Napa (23725125) **Open** Daily 5.30pm-midnight April - October **Main courses** €4-€40 **Credit** AmEx, DC, MC, V Intriguing combination of bar and restaurant with Zen décor. Exquisite food and fast service.

Umi

Grecian Park Hotel (4th Floor), Cape Greco (23844000) **Open** Daily 7pm-11pm May -November **Main courses** €16.20-€44.50 **Credit** AmEx, DC, MC, V

Unexpectedly relaxed for a restaurant within a 5-star deluxe hotel, this decked fusion restaurant with posh outdoor furniture serves sushi, sashimi, and some really unique fusion dishes making it a place worth discovering.

Zao Shen

Archiepiskopou Makariou III 28C, Agia Napa (23723107) **Open** 5pm-midnight **Main courses** €12-€13.50 for set menus **Credit** AmEx, DC, MC, V

Primarily catering to the bargain hunters, the menu comprises several mouth-watering set menu alternatives. Quite good for families.







Caribbean

Giani Christou 10, Agia Napa (96514643) Open Daily 10am-midnight Main courses €7.95-€15 Credit No

Caribbean is not everyone's choice of food, however, if it's yours, you'll love this little place. Featuring ackee and salt fish (for breakfast!), a range of stewed, curried, and jerk chicken, plantain, goat and soups for excellent prices.

Cypriot/Greek

Archontiko

Grigori Afxentiou 13, Liopetri (23943322) **Open** Mon, Wed, Thu, Fri Sat 5pm-11pm; Sun 12pm-11pm **Main courses** €16 for meze **Credit** AmEx, DC, MC, V

A meal in this gorgeous traditional taverna is a real step back in time. Located within a renovated old house it serves highly authentic traditional recipes in clay dishes (just like they did 100 years ago). Only the freshest and most high quality ingredients are used to create a value for money meze that's hard to forget and a dining experience that you just can't fault.

Limelight

Liperti, Agia Napa (23721650/ www.limelighttaverna.com) **Open** Mon-Sat noonmidnight **Main courses** € 9.40-€24 **Credit** AmEx, DC, MC, V

The quality and value of this restaurant is undeniable. Charcoal-grilled suckling pig, steak, lobster –all heavenly. Perfect for those with a healthy appetite as portions are huge. Reservations essential.

Mastello

Gianni Ritsou 1, Agia Napa (23721568) **Open** Daily 6pm-12pm **Main courses** No prices given **Credit** AmEx, DC, MC, V Very pleasant meze restaurant, offering clas-



sic Greek recipes, a nice atmosphere and decoration. Its cuisine serves dishes with ingredients not easy to find, based on traditional recipies but with a flair of its own.

Reservations recommended.

Mousikos

Kyriacou Matsi 6, Sotira (23828833) **Open** Mon-Sat 6.30pm-11.30pm (kitchen) **Main courses,** €8-€15 (€17 for meze) **Credit** AmEx, DC, MC, V

New authentic traditional taverna with a nice atmosphere. Good quality food, fast service and outside seating area for the summer months.

To Ploumin Tavern

28th October 3, Sotira (99658333/ www.ploumin.com.cy) **Open** Mon-Sat 5pm-midnight **Main courses** Meze starts from €14 **Credit** AmEx, DC, MC, V

Using their own organically-grown vegetables in all dishes, this quaint taverna offering Cypriot dishes from generations ago in addition to modern-day recipes allows you to choose which of them you would like to comprise your meze. Book on weekends to avoid disappointment.

Vangelis

Griva Digheni 48, Paralimni (23821456) **Open** Daily 7pm-11pm **Main courses** €17 for meze **Credit** AmEx, DC, MC, V Game meze is the specialty here –rabbit in particular.

Xilino Restaurant

Trikomou 179 Vrysoulles (23962403, 99471509) **Open** Mon-Sat noon-11pm **Main courses** €15.30 for meze **Credit** AmEx, DC, MC, V

Built from logs, this little taverna in one of the less popular villages in the kokkinochoria (Red Soil) region offers real value for money and a great range of Cypriot specialties.

Fish

Anemos Beach Restaurant

Next to Capo Bay Hotel, Protaras (23831488) Open Daily 9am-11pm Main courses €8.80-20.50 Credit AmEx, DC, MC, V On the shores of Fig Tree Bay, this fish restaurant serves some of the tastiest dishes of the region. Massive terrace offers an excellent sea view.



Christos Fish Tavern

Archiepiskopou Makariou III 77-79, Limanaki (harbour), Agia Napa (23723586) **Open** 9am-late **Main courses** from €5.90 (by weight fish €35, lobster €65) **Credit** AmEx, DC, MC, V

Extraordinary menu selection at this local tavern near the harbour including fresh lobster, fish, and mussels. Virtually unheard of in Cyprus, they also serve a mini meze for one! Fun atmosphere.

Demetrion

Salaminos 13, Liopetri River (23991010) Open Tue-Sun 12pm-11pm (last orders 9.30pm) Main courses €22 for meze Credit AmEx, DC, MC, V Situated on the banks of the Liopetri river, serving the freshest seasonal fish. It's a sheer delight eating here.

Kalamies

Ellinon 40, Pernera, Protaras (23831145) **Open** Daily 9am-11pm (March-October). **Main courses** €22 for meze **Credit** AmEx, DC, MC, V

This family run taverna is a trademark place to head for if you want fresh fish in Protaras. The décor is somewhat lacking but the huge variety of fresh fish and the gorgeous sea view more than make up for it.

Karas

Kappari 55, Paralimni (23820565) **Open** Daily 12am-11pm M**ain courses** €10.90-€25 **Credit** AmEx, DC, MC, V Run by the three brothers of the Karras family, this family restaurant boasts a pleasant

The Best Restaurants for...

Sushi & beats Sushi La See p78.

Food with a view Alati by the sea See p83.

Traditional Cypriot meze Mousikos See p80.

Value for money Mexican Los Bandidos See p83.

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Fish Lovers Karas See p81.



al fresco dining area where you can enjoy the freshest catch of the day. They only serve 100% fresh fish.

Spartiatis

Konnou 79B, Protaras (next to Grecian Park Hotel) (23831386) **Open** Daily 12pm-4pm, 6.30pm-9.30pm **Main courses** \in 20 for meze (meat or fish) **Credit** AmEx, DC, MC, V Fresh fish meze never tastes as good as it does when you're eating it outside by the sea, the salty smell, the lapping of the tide, the beauty. Reservations essential.

Vassos Fish Harbour Taverna

Archiepiskopou Makariou III 51, Agia Napa (23721884/ www.vassosfishrest.com) **Open** Daily 9am-10.30pm (15 November-31 March up to 5pm) **Main courses** \in 3- \in 14 (\in 21.50 for meze) **Credit** AmEx, DC, MC, V Only a handful of restaurants in the Ammochostos district have earned themselves a continuous following year in year out of locals and return visitors to the island, but this is one of them. Undeniably one of the best value fresh fish mezes around.

<u>Indian</u>

Taste of India

Archiepiskopou Makariou 8, Agia Napa (23722274) **Open** Daily 5pm - 11pm (May-Oct) **Main courses** €6.25-€12.50 **Credit**

AmEx, DC, MC, V

Mmm! Impossible to walk past without your mouth watering. Typical Indian décor, very nice food, friendly service, and reasonable prices – fairly perfect, really.

Italian/ Mediterranean

Just Italian

Kapparis 52, Paralimni (23744300/ www. justitalian.com) **Open** Daily noon-3pm, 5.30pm-11pm (4pm-11pm, and sun 1pm-10mp for winter season) **Main courses** €7.50- €21.50 **Credit** AmEx, DC, MC, V Vivacious atmosphere, simple décor, discreet service, and tasty food including a range of wood-ovencooked pizzas, this is exclusive Italy at its best.

II Cavaliere

Pernera 6, Protaras (23831022) **Open** Daily 6pm-11pm (closed December and January) **Main courses** €8-€19 **Credit** AmEx, DC, MC, V

Very family-oriented restaurant with lots to keep unsettled or bored kids busy: play area, cartoons, and kids menu. Means that parents can relax and enjoy their meal in peace.

La Cultura Del Gusto

Ifestou 7, Pernera, Paralimni (23833860, 99605291, 99419536) **Open** Daily 5pm-11.30pm **Main courses** €8.95-€25 **Credit** AmEx, DC, MC, V

Clearly the view that the game, steak, and suckling pig featured on this restaurant's menu are delicious is shared by all, as you can only dine with a reservation on weekends.

Quadro Italian Restaurant

Kryou Nerou 9, Agia Napa (23723838) **Open** 1pm-11.30pm **Main courses** €6.50-€22 **Credit** AmEx, DC, MC, V

Already provoking your interest with the first dish on the menu being a scrumptious starter of smoked salmon with avocado and orange ginger sauce, this little Italian eatery is one to try!

Vasiliskos

Dimokratias 12, Sotira (99176739) **Open** Daily 6.30pm - 11pm, except Turs **Main courses** €14 - €21 **Credit** AmEx, DC, MC, V A Time Out Eating Award winner in 2009 for best Mediterranean cuisine, this centrallylocated restaurant serving Mediterranean food has brilliant food, service, and atmosphere. Book early to ensure a place.

<u>Mexican</u>

Los Bandidos

Ari Velouchioti 2 (23723258/ www.losbandidosmexican.com) **Open** Daily 5.30pm-11pm **Main courses** €8.54-€20.42 **Credit** AmEx, DC, MC, V

We've said it before and we'll say it again –best Mexican on the island. Be prepared to wait, but enjoy a refreshing margarita or two while you do so.

International

Alati by the sea

Perneras 37 (23833740/ www.alati-protaras. com) **Open** 10am-12am (Apr -Oct) **Main meals** €10.95-€15.95 **Credit** AmEx, DC, MC, V

Aesthetically-beautiful restaurant, the epitome of relaxation, with a menu comprised of succulent dishes with a Mediterranean influence. Situated right on – and servicing – the





Stonegrill Fusion

beach, so if you don't really want to get off that sunbed to get that cocktail or snack, you don't have to!

Folio Restaurant and Wine Bar

Kappari Avenue 17, Protaras (23744800/ www.foliorestaurant.com) **Open** Daily 6pm-11pm **Main courses** €10-€21.50 **Credit** AmEx, DC, MC, V

Very glam place, this one. Sparkling crystals hang in the window as this international/ fusion restaurant dares you to try its inventive creations, many of which sound absolutely divine! Nice champagne selection too.

Jello

Archiepiskopou Makariou III 43, Agia Napa (23724128) **Open** Daily 9am-2.00am **Main** courses €2.50 - €22 Credit AmEx, DC, MC, V

The owners of this huge, brand new contemporary-design restaurant wanted to make a statement and they did! Seemingly chic and expensive but in reality is filled with tourists lapping up the budget 3-course fixed menus that are its specialty.

Love Bites

Odyssea Elyti 11, Agia Napa (23721838) Open Daily 7pm-11pm Main courses €15-€51.25 Credit AmEx, DC, MC, V Wonderfully romantic, particularly in the garden, it's impossible not to be entranced by the unique gourmet menu and al fresco sushi bar. Located within the realm of the Guru Bar, so choice ethnic music is guaranteed.

Sage Restaurant & Wine Bar

Kryou Nerou 10, Agia Napa (23816110, 99314000/ www.sagerest.com) **Open** Daily 6pm-11pm (on winter it opens only Fri and Sat the same time) **Main courses** €10.80-€39.90 **Credit** AmEx, DC, MC, V

Want elegant and romantic? This place definitely fits the bill. Sensational Mediterranean-guided menu and live saxophonist on Fridays and Saturdays, it's a wonderful gastronomic experience. Quick tip: book ahead on weekends.

Stonegrill Fusion

Onisillou 6, Melekkis Centre, Paralimni (23819393) **Open** Daily noon-11pm. **Main courses** €7.50-€28 **Credit** AmEx, DC, MC, V

Fully renovated this real gem of a restaurant might be a bit off the beaten track from the main tourist hubs of Agia Napa and Protaras but it's well worth the trek. Plush designer decoration, a well stocked wine cellar and the inevitable fun of the stonegrill process (where you basically cook your steak to your own liking) make it a popular choice.

Orange Grove Restaurant & Bar

Nissi 70, Agia Napa (23721995) **Open** Daily 10am-3am (food till midnight) **Main courses** €8.50-€23 **Credit** AmEx, DC, MC, V

Great place to go with the kids as there is a large play area. Visited by celebrity look-alikes (Elton John, Elvis and Kylie) in a show each night at 10pm. Extensive menu, though nothing stands out.

Polynesian

Fiji

Archiepiskopou Makariou III 21, Agia Napa (23725925/ www.polynesian-agianapa.com) **Open** Daily 5.30pm - 11pm **Main courses** €11.60-€19.20 **Credit** AmEx, DC, MC, V Very, very cute restaurant in true Fijian style with thatched roof and bamboo décor. Open kitchen means that you can view a plethora of tropical fruits, unusual vegetables, meats and spices being used as the meals are created.



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Glossary



Afelia: pork stewed in red wine and coriander. **Baklava:** dessert made from filo pastry layered with nuts and doused with syrup. **Gigantes:** large beans baked in tomato sauce.

Halloumi: traditional Cypriot cheese made from goat's milk, often fried or grilled. **Hiromeri:** marinated, smoked and pressed ham

Horiatiki salata: Greek 'village' salad made with tomato, cucumber, onion, feta, green pepper and olive oil.

Glyko: preserved fruits in syrup. **Kateifi:** syrup-soaked, shredded-pastry rolls.

Keftedes: herby meatballs of minced pork or lamb, egg, breadcrumbs, herbs and spices.

Kleftiko: slow-roasted lamb on the bone, flavoured with oregano.

Koupepia: vine leaves stuffed with rice, spices and minced meat ('dolmades' in Greece).

Koupes: cigar shaped wheat cases with

meat filling.

Loukanika: pork sausages with spices and wine.

Moussakas: baked dish of minced meat, aubergine, potato slices and herbs, topped with béchamel sauce.

Pourgouri: cracked wheat rice.

Sheftalia: pig or lamb gut-membrane stuffed with pork or lamb mince, onion, parsley and spices, then grilled.

Souvia: large chunks of lamb or pork, slow-roasted on a rotary spit.

Souvlaki: meat cubes quick-grilled on a skewer (kebab).

Stifado: meat stew (often rabbit) with onions, red wine, tomatoes, cinnamon and bay leaves.

Taramosalata: fish roe pate with olive oil, lemon juice and breadcrumbs or potato. **Talatouri:** dip of shredded cucumber, yoghurt, garlic and mint ('tzatziki' in Greece).

Zivania: clear and very strong local alcoholic spirit best enjoyed icy cold.

cuprus. The sweetest welcome.

I invite you to an island where the hospitality shines all year long day and night. Youll feel at home on this Mediterranean idyll of sun-drenched golden beaches and stunning mountain scenery. Come and enjoy the famous Cypriot welcome. where the smiles are as sweet as the Commandaria – one of the oldest named wines in the world. If you visit, you will fall in love with the locals' warm welcome. Why expect anything less of Aphrodite's island?

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The year-round island



If you want a glass of wine, I can show you an historic list. Can I suggest a Commandaria? The sweet dessert wine that Richard the Lionheart called 'The Wine of Kings and the King of Wines'. Or perhaps, a Zivania, the highly distilled Cypriot grape juice? Visit the beautiful vineyards and sample a wide variety of wines. Wander traditional family wineries and charming mountain villages, such as Krasochoria in Limassol. Wherever you raise your glass in Cyprus, you're certain to raise a smile.

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Love Cyprus

The year-round island